



Special Event:

Dream Fair

Saturday, February 17

1:00 – 4:00 pm

Auburn Regional Park, Lakeside Room
3770 Richardson Dr, Auburn CA 95603

Join us for this fun interactive event and explore the many facets of dreaming. The room is set up in stations, each with activities to try. You'll meet others interested in dreams, and can move about the room at your own pace.

At the stations you can:

- *Open Your Dream Worlds.* Learn tips and techniques to remember your dreams.
- *Unlock the Meaning of your Dreams.* Learn ways to interpret your dreams.
- *Wake up to Waking dreams.* Find help in every day events.
- *Get Help in Your Dreams.* Learn how to work with the Dream Master and dream guides.
- *Dream Travel to Soul Travel.* Learn how to consciously direct the course of your dreams.
- *Create a Dream Collage.* Bring home images and phrases of experiences you would like to have in your dreams and everyday life.

Weekly Events

Wednesdays as the ECK Center

7:00–8:00 pm

Auburn ECK Center
884 Lincoln Way #39, Auburn, CA 95603

Join us any Wednesday evening, from 7:00–8:00 pm and enjoy the chance to explore a Spiritual topic and experience the Sound of Soul with other spiritual adventurers.

Spiritual Explorations

Alternate Wednesday nights, 7:00-8:00pm

These interactive classes cover a wide range of spiritual topics. Each one offers stories, insights and spiritual exercises that can help you create a happier, more meaningful life.

January 3 – It's Your Life: Setting Goals for Success
January 17 – Unplug to Connect
February 7 – I love my life!
February 21 – Secrets of Love
March 7 – ECK Masters, Golden Wisdom Temples & You
March 21 – Gifts from the ECK Masters

Sound of Soul Events

Alternate Wednesday nights, 7:00-8:00pm

Discover your inner guidance; healing for body, mind, and spirit; and a higher form of creativity by chanting the sacred sound of HU. Enjoy the chance to share your experiences, ask questions, and chat with other spiritual adventurers. There will be light refreshments, relaxed, open spiritual conversation, and warm hearts!

January 10, 24, 31
February 14, 28
March 14, 28

Monthly Events:

Light & Sound Service with Sound of Soul Event

2nd Sunday of each month
10:00 Sound of Soul
11:00 Light & Sound
Auburn ECK Center
884 Lincoln Way #39, Auburn, CA 95603

Are you yearning for spiritual connection? Do you want to experience more of God's love? Join people from all walks of life to celebrate a life lived in harmony with Divine Spirit. Speakers and original creative arts demonstrate the gifts found through daily practice of the spiritual principles taught in Eckankar. Find out how singing HU, an ancient name for God, can open your heart to God's love and blessings.

January 14 – Creating Your Spiritual Life
February 11 – Seeing Through the Eyes of Soul

Dream Class at Barnes & Noble

What Your Dreams Are Trying to Tell You

Saturday, January 2:00-3:00 pm
1256 Galleria Blvd
Roseville, CA 95678

Dreams touch every level of our lives. They may let us glimpse the future or learn from the past. They can give suggestions for healing or insights into relationship. They can help dissolve our deepest fears and find solutions to everyday problems.

In this interactive class, we'll explore ways to remember, understand and ultimately direct the course of our dreams.