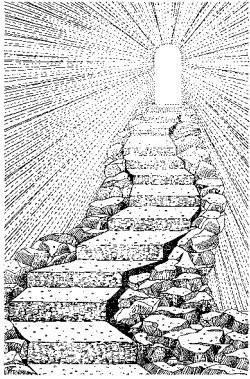


January 2019



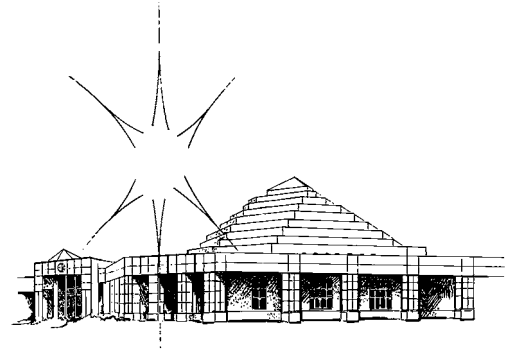
The Golden Door

Alameda and Contra Costa Counties

Public Events and Services

ECK Light and Sound Services

The public is warmly invited to ECK Light and Sound Services. Each service focuses on an aspect of ECKANKAR. They often feature a reading from the ECK works; singing HU, talks, music, and a group discussion of spiritual principles at work in daily life. The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.



Pleasanton

Third Sunday, January 20 at 11:00 a.m.–12 noon

Cleric: Gaeir Dietrich

Theme: The Creative Power of Soul

“Soul can create whatever It needs.”

—Harold Klemp, *The Awakened Heart*, page 110

Berkeley

Fourth Sunday, January 27 at 10:30–11:45 a.m.

Cleric: Jeff Wethe

Theme: How Love Teaches Us

“Fill yourself with love. Then you will learn everything you ever need to know about God and life.”

—Harold Klemp, *Youth Ask a Modern Prophet about Life, Love, and God*, page 221

Redwood City

No service in January. The next one will be in February at the new ECK Center in San Carlos.

Berkeley ECKANKAR Center
3052 Telegraph Avenue,
Berkeley, CA 94705
(510) 549-2807

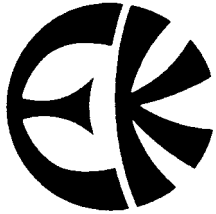
Pleasanton
Ridge View Commons
Community Building Lounge
5200 Case Avenue
Pleasanton
Information: (925) 944-0118



ECKANKAR—The Path of Spiritual Freedom

The Golden Door

BOOK DISCUSSION CLASSES AND SPECIAL EVENTS



The Sound of Soul*

January 6 and 20
First and Third Sunday
10:30–11:30 a.m.
Berkeley ECKANKAR Center
Information: (510) 549-2807

January 12
Second Saturday
11:00 a.m.–12:00 noon
Ridge View Commons
Community Building Lounge
5200 Case Avenue
Pleasanton
Information: (925) 944-0118

January 19
Third Saturday
11:00 a.m.–12:00 noon
Sycamore Green Apartments
Activity Room
2520 Ryan Road, Concord
Information:
Henri at (270) 312-3014

*EXPERIENCE
The Sound of SOUL

We invite you to join us for The Sound of Soul. The event includes an introduction, a 20-minute spiritual exercise of singing *HU*, and a spiritual discussion. *HU* can uplift people of any religion, culture, or walk of life.

Spiritual Discussions

There will be no spiritual discussion in January at the Berkeley ECK Center. The next one will be on February 10, 2019 at 10:30 a.m.



The Golden Door

Eckankar Books and Other Media can be ordered from the following people:

Contra Costa: Joan at (925) 918-1647

East Bay (Berkeley): Henri at (270) 312-3014

Complimentary ECK Books

There are three ways to receive *Is Life a Random Walk?* and *Ancient Wisdom for Today*:

- At any Eckankar Center, by phone at 1-800-LOVE GOD, or download from the web at www.eckankar.org

ECK Video Presentation on Public Access TV

The California Satsang Society is pleased to present Harold Klemp, the spiritual leader of Eckankar, on the following television cable stations:

Walnut Creek
Comcast Cable Channel 6
Second and Fourth Wednesdays
6:00 p.m.

**Alameda, Hayward, San Leandro,
San Lorenzo, Union City**
Comcast Cable Channel 28 or
ATT Uverse Ch 99
Monday & Friday 7:30 pm
This is the latest information. Please
notify the editor with information as to
changes or corrections.

**Martinez, Pleasant Hill,
Lamorinda, Blackhawk,
Danville, Alamo, Rossmoor**
Comcast Cable Channel 3
Second and Fourth Wednesdays
6:00 p.m.

Glossary of ECK Terms

ECK – Holy Spirit; the essence of God, which supports and sustains all life.

Eckankar – The Path of Spiritual Freedom; means co-worker with God.

HU – The holy name of God (pronounced “hue”).

ECKist – A member of Eckankar.

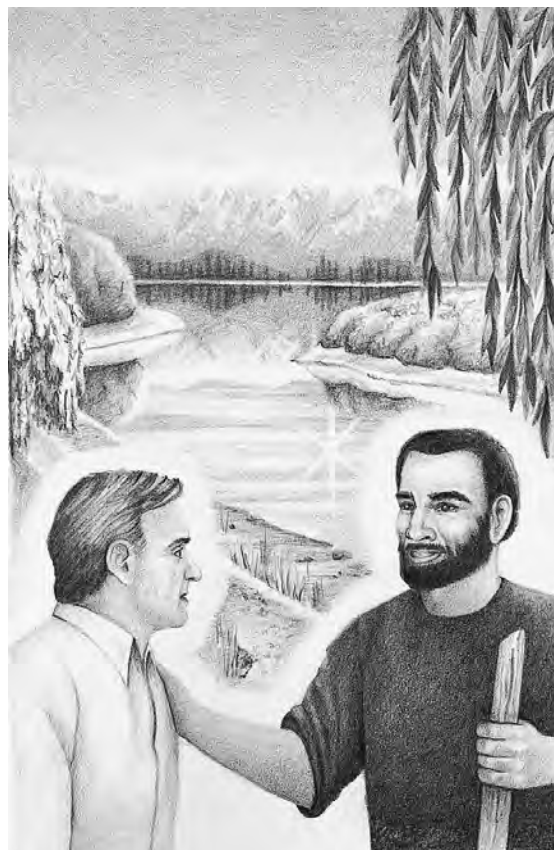
Mahanta – A title to describe the highest of all states of God consciousness on earth, the sublime ECK in expression at the highest level. The full force of the Rod of ECK power and the Mantle of the Mahanta are embodied directly in the Living ECK Master of the time.

Satsang – A class in which members of ECK study a monthly lesson from Eckankar.

Soul – The true self; the inner, most sacred part of each person.

Soul Travel – The expansion of consciousness. The ability of SOUL to transcend the physical body and travel into the spiritual worlds of God.

Sugmad – The supreme God. The formless, all-embracing, impersonal infinite, the OCEAN OF LOVE AND MERCY; from It flows all life, all truth, all reality, all WISDOM, LOVE, and POWER.



The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Sri Harold Klemp. Copyright © 2018 ECKANKAR. All rights reserved. . The terms ECKANKAR, ECK, EK, MAHANTA, SOUL TRAVEL and VAIRAGI, among others, are trademarks of ECKANKAR, P.O. Box 2000, Chanhassen, MN 55317 USA. Published by the California Satsang Society, Inc., A Chartered Affiliate of ECKANKAR.