



# ECKANKAR

The Path of Spiritual Freedom



Serving the Northern California Coast

## *Eureka/Arcata ECKANKAR Newsletter*

Public Edition

November/December 2017

“You are Soul. Special. One of a kind. So love yourself, love God, and love others. That’s what your stay in this place is to help you learn. So look around and say thank you for all the blessings. Be grateful. Make sure this is a fruitful life.”

—Harold Klemp, *The Living Word*,  
Book 3, p. 8



Harold Klemp  
The Spiritual Leader  
of Eckankar

### **ECK Spiritual Discussion**

The public is cordially invited to attend an ECK Spiritual Discussion at the Adorni Center, located next to the bay at the foot of L Street in Eureka. On Sunday, November 12, at 2:00 p.m. we will hold an ECK Spiritual Discussion on the topic “How to Become the Awakened Soul.” (If there is an event in the parking lot, tell them you are there for a scheduled meeting and they should have a place for you to park.)

“A person who lives in the holiness of the moment is always looking for the potential of whatever that moment may bring. Always.

“As Soul, you owe yourself the experience of going out in life and getting the richest, fullest experiences you can.”

—Harold Klemp, *Touching the Face of God*, p. 12

### **Free Subscription**

To receive a free subscription to this newsletter please email [eureka.arcata.eck@gmail.com](mailto:eureka.arcata.eck@gmail.com), or call (707) 798-1868 and leave your name and address, or write to

Eureka/Arcata ECKANKAR Newsletter  
PO Box 5583, Eureka, CA 95502.

Please specify whether you would like a mailed paper copy or an emailed copy. Note that any information you provide is kept confidential and is used only to notify you about local ECK events.

You may also download the latest issue at [www.eck-ca.org](http://www.eck-ca.org). Go to Eckankar in Your Community, then to Northern California.

## **Experience the sacred sound of HU— We invite you to join us at a Sound of Soul Event**

“HU is an ancient name for God. It is also a love song to God. All that we do with the word HU is to sing it with reverence. It represents the love of God for Soul, and we are Soul. HU represents the enormous love that the Creator has for Its creation.”

—Harold Klemp, *HU, the Most Beautiful Prayer*, p. 7

Regardless of your background or religion, we invite you to join us in trying this simple, 20-minute spiritual exercise. It has helped people of many different faiths experience the presence of God. Fellowship and light refreshments will follow. Please see the Local ECKANKAR Calendar on page 3 for dates, times, and locations.

## **Join a Book Discussion**

Join others in exploring an ECK book. An ECK book discussion is a fun way to share insights and experiences and learn more about Eckankar.

We are currently discussing *Those Wonderful ECK Masters* by Harold Klemp. You are welcome to attend all or some sessions, as you wish, whether you have the book or not.

This book discussion will be held at a residence in Eureka on Tuesday, November 21, at 11:00 a.m. Please call Clare at (805) 450-8235 for directions.

## **ECK Worldwide Seminar Video Online**

Harold Klemp’s seminar talk will be available as an audio Internet broadcast through November 19. A video broadcast will also be available November 3 through 19. For more information, visit Eckankar’s Web site at [www.Eckankar.org](http://www.Eckankar.org).

Locally, we be showing the video at our ECK Spiritual Discussion on Sunday, November 12, at 2:00 p.m. at the Adorni Center, 1011 Waterfront Drive, Eureka.



## **For more information**

For more information on Eckankar—The Path of Spiritual Freedom, visit Eckankar’s Web site at [www.Eckankar.org](http://www.Eckankar.org), call 1800-LOVE GOD, or write:

ECKANKAR  
Att: Information  
PO Box 2000  
Chanhassen, MN 55317-2000.

For regional information, including events and activities throughout California, visit the California ECK Web site at [www.eck-ca.org](http://www.eck-ca.org).

For local information you may email [eureka.arcata.eck@gmail.com](mailto:eureka.arcata.eck@gmail.com), call (707) 798-1868, or write to:  
ECK Information Contact  
PO Box 5583  
Eureka, CA 95502.

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## Local ECKANKAR Calendar

Event	Topic	Date and time	Location
Sound of Soul	Experience the sacred sound of HU	Friday, Nov. 3, 10, 17 7:00 p.m.	Clare's Residence
Sound of Soul	Experience the sacred sound of HU	Tuesday, November 7 7:00 p.m.	Jefferson Community Center
ECK Spiritual Discussion with video	"How to Become the Awakened Soul"	Sunday, November 12 2:00 p.m.	Adorni Center
Book discussion	<i>Those Wonderful ECK Masters</i>	Tuesday, November 21 11:00 a.m.	Clare's Residence
Sound of Soul	Experience the sacred sound of HU	Friday, December 1, 8 7:00 p.m.	Clare's Residence
Sound of Soul	Experience the sacred sound of HU	Tuesday, December 5 7:00 p.m.	Jefferson Community Center

Locations: Adorni Center, 1011 Waterfront Drive, Eureka.  
 Jefferson Community Center, 1000 B Street, Eureka.  
 Clare's Residence (Eureka), please call for directions, (805) 450-8235.



The Temple of ECK, near Minneapolis, Minnesota

## Eureka/Arcata ECKANKAR Newsletter

PO Box 5583

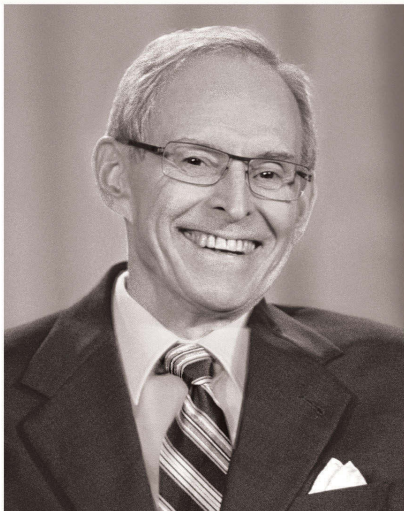
Eureka, CA 95502

Sing **HU** to Open Your 

*ECKANKAR—The Path of Spiritual Freedom*

*Local information: (707)798-1868*

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Harold Klemp  
The Spiritual Leader  
of Eckankar

### **Sound of Soul Events are open to the public.**

They are generally held once a month on the first Tuesday (November 7 and December 5) at 7:00 p.m. at the Jefferson Community Center, 1000 B Street, in Eureka.

### **On the Internet**

Visit Eckankar's Web site at [www.Eckankar.org](http://www.Eckankar.org)  
or California's ECK Web site at [www.eck-ca.org](http://www.eck-ca.org).  
Or try these additional sites: [www.miraclesinyourlife.org](http://www.miraclesinyourlife.org)  
and [www.spiritualexperience.org](http://www.spiritualexperience.org).

### **ECK Video**

A 30-minute video of Harold Klemp can be seen on cable channel 12 on Fridays, generally at 8:00 p.m. These inspiring talks give practical ways to live a spiritual life.