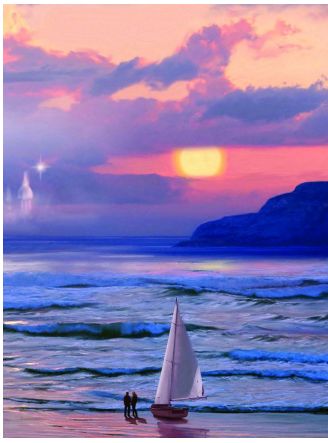




ECKANKAR

The Path of Spiritual Freedom

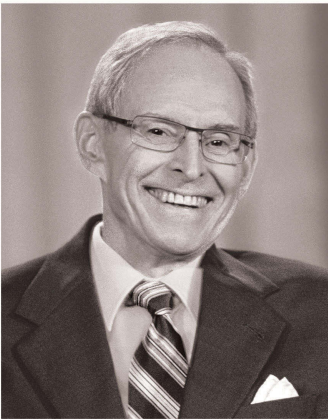


September/October 2018

“Divine Spirit will help you in the direction you need for your unfoldment.

But when things do go wrong, as they will, don't say, ‘God has forsaken me.’ Rather say, ‘God loves me so much that He's giving me the opportunity to learn this about myself, to learn how to become a more spiritual being.’”

—Harold Klemp
How the Inner Master Works, Mahanta Transcripts, Book 12, p. 221



Harold Klemp
The Spiritual Leader
of Eckankar

Serving the Northern California Coast

Eureka/Arcata ECKANKAR Newsletter

Public Edition

Experience the sacred sound of HU— We invite you to join us at a Sound of Soul Event

“HU is an ancient name for God. It is also a love song to God. All that we do with the word HU is to sing it with reverence. It represents the love of God for Soul, and we are Soul. HU represents the enormous love that the Creator has for Its creation.”

—Harold Klemp, *HU, the Most Beautiful Prayer*, p. 7

Regardless of your background or religion, we invite you to join us in trying this simple, 20-minute spiritual exercise. It has helped people of many different faiths experience the presence of God. Fellowship and light refreshments will follow. Please see the Local ECKANKAR Calendar on page 3 for dates, times, and locations.

Free Subscription

To receive a free subscription to this newsletter please email eureka.arcata.eck@gmail.com, or call (707) 798-1868 and leave your name and address, or write to

Eureka/Arcata ECKANKAR Newsletter
PO Box 5583, Eureka, CA 95502.

Please specify whether you would like a mailed paper copy or an emailed copy. Note that any information you provide is kept confidential and is used only to notify you about local ECK events.

You may also read or download the latest issue at www.eck-ca.org. Go to Eckankar in Your Community, then to Northern California.

ECK Booth at the North Country Fair

We'll have an ECK booth again this year at the North Country Fair at the Arcata Plaza. This will be Saturday, September 15, and Sunday, September 16, from 10:00 a.m. to 6:00 p.m. Be sure to stop by if you're in the area. Try a spin on the Spiritual Wisdom Wheel to learn something new about yourself. And pick up a free booklet or two.

2018 ECK Worldwide Seminar

Marking the beginning of the new spiritual year, this year's seminar will be held in Minneapolis, Minnesota from October 26 through October 28. The theme this year will be "Become the Loving Heart." This is always a very special treat for those who attend.

For those unable to attend the seminar in person, Harold Klemp's seminar talk will also be available as an audio Internet broadcast October 27 through November 25. A video broadcast will also be available November 9 through 25.

More information on the seminar, and on either of the Internet broadcasts, is also available on Eckankar's Web site at www.Eckankar.org.



Join a Book Discussion

Join others in exploring an ECK book. An ECK book discussion is a fun way to share insights and experiences and learn more about Eckankar.

We are currently discussing *Those Wonderful ECK Masters* by Harold Klemp. You are welcome to attend all or some sessions, as you wish, whether you have the book or not.

This book discussion will be held at a residence in Eureka on the third Tuesday of each month, at 11:00 a.m. Please call Clare at (805) 450-8235 for directions.

For more information

For more information on Eckankar—The Path of Spiritual Freedom, visit Eckankar's Web site at www.Eckankar.org, call 1800-LOVE GOD, or write:

ECKANKAR
Att: Information
PO Box 2000
Chanhasen, MN 55317-2000.

For regional information, including events and activities throughout California, visit the California ECK Web site at www.eck-ca.org.

For local information you may email eureka.arcata.eck@gmail.com, call (707) 798-1868, or write to:

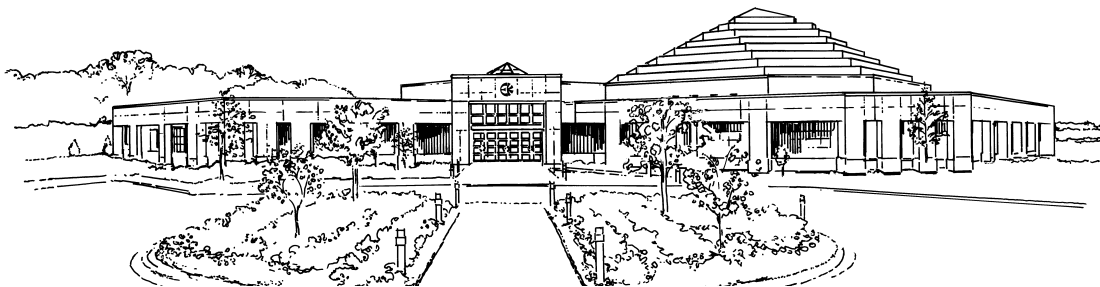
ECK Information Contact
PO Box 5583
Eureka, CA 95502.

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Local ECKANKAR Calendar

Event	Topic	Date and time	Location
The Sound of Soul	Experience the sacred sound of HU	Saturday, September 1 4:00 p.m.	Center for Spiritual Living
The Sound of Soul	Experience the sacred sound of HU	Friday, September 7 7:00 p.m.	Clare's Residence
North Country Fair	ECK Booth	Sat. & Sun., Sept. 15 & 16 10:00 a.m. to 6:00 p.m.	Arcata Plaza
Book discussion	<i>Those Wonderful ECK Masters</i>	Tuesday, September 18 11:00 a.m.	Clare's Residence
The Sound of Soul	Experience the sacred sound of HU	Wednesday, September 19 6:00 p.m.	Arcata Community Center
The Sound of Soul	Experience the sacred sound of HU	Sunday, September 23 3:00 p.m.	Arcata Community Center
The Sound of Soul	Experience the sacred sound of HU	Saturday, October 6 4:00 p.m.	Center for Spiritual Living
Book discussion	<i>Those Wonderful ECK Masters</i>	Tuesday, October 16 11:00 a.m.	Clare's Residence
The Sound of Soul	Experience the sacred sound of HU	Friday, October 19 7:00 p.m.	Clare's Residence

Locations: Arcata Community Center, 321 Dr Martin Luther King Jr Parkway, Arcata
 Arcata Plaza, between G & H St. and 8th & 9th St., Arcata
 Center for Spiritual Living, 239 Buhne Street, Eureka.
 Clare's Residence (Eureka), please call for directions, (805) 450-8235.



The Temple of ECK, near Minneapolis, Minnesota

Eureka/Arcata ECKANKAR Newsletter

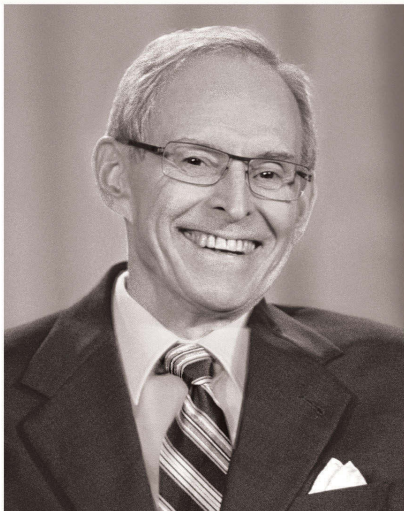
PO Box 5583

Eureka, CA 95502

Sing **HU** to Open Your 

ECKANKAR—The Path of Spiritual Freedom

Local information: (707)798-1868



Harold Klemp
The Spiritual Leader
of Eckankar

The Sound of Soul Events are open to the public.

Experience the sacred sound of HU. These events will be held on the first Saturday of each month, September 1 and October 6, at 4:00 p.m. at the Center for Spiritual Living, 239 Buhne Street, in Eureka. Also on September 19, at 6:00 p.m., and September 23, at 3:00 p.m., we will hold events at the Arcata Community Center, 321 Dr Martin Luther King Jr Parkway, Arcata.

On the Internet

Visit Eckankar's Web site at www.Eckankar.org
or California's ECK Web site at www.eck-ca.org.
Or try these additional sites: www.TheSoundofSoul.org
and www.spiritualexperience.org.

ECK Video on Cable TV

A 30-minute video of Harold Klemp can be seen on cable channel 12 on Fridays, generally at 8:00 p.m. These inspiring talks give practical ways to live a spiritual life.