

The River of Light

Serving Modesto, Stockton, Fresno and Bakersfield



**OCT – DEC
2018**

“Yet showers of love rain down upon us simply because we are Soul, a divine spark of God. Its Voice, which showers the love, is the pure Light and Sound.

The Creator, the Highest Being, speaks to creation through the Holy Spirit, the ECK. This voice of divine love is very real.”

—Harold Klemp,
ECK Wisdom on Inner Guidance page 6



ECK Light and Sound Services for Modesto-Stockton 3rd Sunday of every month, 11:00 – 12:15 pm

Join people from all walks of life to celebrate a life lived in harmony with Divine Spirit. Speakers and creative arts demonstrate the gifts found through daily practice of the spiritual principles taught in Eckankar.

Accepting the Miracles in Our Lives

Officiator: Shirley Jolley

Sunday, **October 21**, 11:00 am – 12:05 pm

“You do what you can to make your life right. And when you have done 100 percent of everything you can do, Divine Spirit steps in with the miracle.”

—Harold Klemp, *The Language of Soul*, page 108

God’s Love Has No Boundaries

Officiator: Randhi Singh

Sunday, **November 18**, 11:00 am – 12:15 pm

“Life and death really have no borders; it’s all part of the continuum of life. We learn how to operate, live, love, and have our being in the continuum of life.”

—Harold Klemp, *The Awakened Heart*, page 83

Who, Why, and What You Really Are

Officiator: Shirley Jolley

Sunday, **December 16**, 11:00 am – 12:15 pm

“You are Soul. Special. One of a kind. So love yourself, love God, and love others. That’s what your stay in this place is to help you learn.”

—Harold Klemp, *The Living Word*, Book 3 page 8

LOCATION

Fairfield Inn & Suites, 4342 Salida Blvd., Salida, CA
Hwy 99 and Pelandale Ave.

Eckankar Events in Fresno

ECK Wisdom on Life Death After

October 7, 2018 * 11:00a.m.-12 noon
Holiday Inn Express, 7115 Howard Street, Fresno, CA

Sound of Soul Event

HU is a sacred sound and ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment. HU can uplift people of any religion, culture, or walk of life. You're invited to experience chanting HU, followed by contemplative time, and spiritual conversation with others of like heart.

November 4, 2018 * 11:00 a.m.- 12 noon
Holiday Inn Express, 7115 Howard Street, Fresno, CA

ECK Light and Sound Service

Theme: What Is Spiritual Freedom?

"Once ignorance and fear are removed from our lives, we enter into the freedom of Soul. We can then come into the states of wisdom, power, and freedom."

-Harold Klemp, *The Awakened Heart*, page132

December 2, 2018 * 11:00 a.m.- 12 noon
Holiday Inn Express, 7115 Howard Street, Fresno, CA

Youth and Families are cordially invited

A Spiritual Exercise to Try: *To Use Your Spiritual Intelligence*

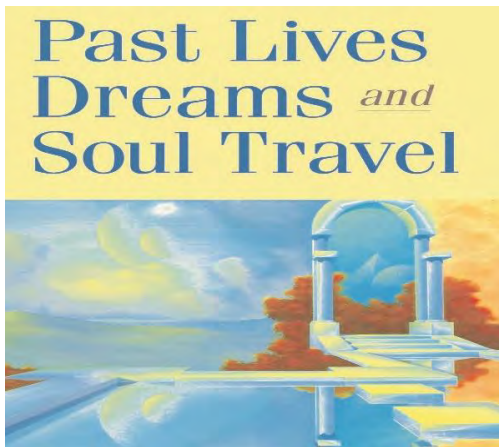
"Practicing the five virtues of ECK – discrimination, tolerance and forgiveness, contentment, detachment, and humility – is a way to develop the spiritual intelligence of Soul. These virtues protect you from the snares of maya or illusion.

"In contemplation, imagine each virtue as a shield of Light around your heart, or see yourself drinking from the cup of contentment, detachment, and so on.

"The Inner Master will help you create the experience right for you."

PAST LIVES, DREAMS AND SOUL TRAVEL

~Free Spiritual Workshop~



Saturday, October 13, 2018

2:00 - 4:00 p.m.

ARNOLD RUE COMMUNITY CENTER
ACTIVITY ROOM

5758 Lorraine Ave. Stockton, CA 95210

For more info: www.ckca.org

Workshop Topics Include:



- Explore how to recall and resolve *Past Lives* and how they relate to your life today
- Discover techniques to remember *Dreams* and understand their spiritual meaning
- Experience *Soul Travel* to awaken inner wisdom beyond, mind and emotions

You're Invited!

Attend this FREE spiritual workshop and share your experiences with other like-minded souls. Learn techniques and spiritual exercises to help you explore the secrets of life. All that lies ahead is already within your heart.

Free Video

www.MiraclesinYourLife.org



Free Book and CD

www.SpiritualExperience.org



SpiritualExperience.org

Request your FREE copy of ECKANKAR's *Spiritual Experiences Guidebook*.

ECKANKAR ONLINE

www.SpiritualWisdomJournal.org : A free, quarterly online newsletter

www.YouTube.com/EckankarOfficialSite : Videos are available to view

www.HearHU.org : Listen to or download the HU song

www.Eckankarblog.org : Read articles on various spiritual topics

www.TheSoundofSoul.org : An inspiring video that introduces the Sound of Soul

www.ckca.org : Eckankar centers and events in California

www.eckankar.org : Main Eckankar website



ECKANKAR – The Path of Spiritual Freedom

The River of Light newsletter
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FORWARDING AND ADDRESS CORRECTION REQUESTED



What is Eckankar?

Eckankar teaches that there is an audible life current known as the ECK, or Holy Spirit, that connects each of us with the heart of God. We can experience the ECK as Light and Sound. Through study and practice of the Spiritual Exercises of ECK, we learn to recognize the Light and Sound of God as it touches our lives and brings increased divine love.

The spiritual leader of Eckankar is the Mahanta, the Living ECK Master, Sri Harold Klemp. The Mahanta is the inner, or spiritual form of the Living ECK Master. The Mahanta gives inner guidance through dreams, Soul Travel, and the Spiritual Exercises of ECK. Harold Klemp's inspiring talks and writings and his practical approach to spirituality help thousands of people worldwide find greater freedom, wisdom, and love. His teachings uplift and help people recognize their own experiences with the Light and Sound of God.

For more
information visit
ECK-CA.org

Or email us at:

EckankarModesto@gmail.com

Try a Spiritual Exercise

Spiritual exercises help open your heart to God's love and the presence of the Holy Spirit (which can be perceived as the Light and Sound of God, or simply a feeling of love). Eckankar offers more than one hundred spiritual exercises to help you experience more love, joy and spiritual freedom.

One of the simplest spiritual exercises is to sing HU (pronounced like the word hue). With eyes closed, sit in a quiet place and fill your heart with love. Sing HU on one long, steady note while sending love to God. After a few minutes, listen and perceive ways God's love returns to you as either divine Light, Sound or a feeling of love.

HU brings freshness to life by helping you be a happier person. HU is an ancient name of God. It's also a love song to God that everyone can use privately, regardless of religious affiliation or spiritual belief.