

# *The Ocean of Love*

**ECKANKAR, Religion of the Light and Sound of God**

**January - February 2010**

News of Public Eckankar Events in Monterey County  
Presented by the California Satsang Society, Inc.

## **ECK Worship Services**

### Monterey County

**Sunday, January 10, 10:30 a.m.**

Officiator: Galen Peiser, ECK Cleric

Topic: *How Can I Feel Closer to God?*

**Sunday, February 14, 10:30 a.m.**

Officiator: Carol Andrews, ECK Cleric

Topic: *Karma: God's Love in Action*

Location: Marina Library, 190 Seaside Circle, Marina (directions on the back)

Phone: (831) 373-1153



### Santa Cruz County

**Sunday, January 17, 11 a.m.**

Officiator: Billie Duffy, ECK Cleric

Topic: *Awaken to Greater Spirituality in Your Life*

**Sunday, February 21, 11 a.m.**

Officiator: Michael Steinberg, ECK Cleric

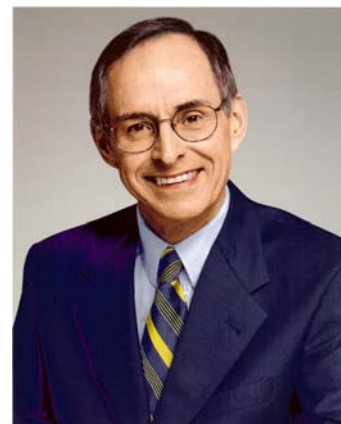
Topic: *Love, The Greatest Teacher*

Location: Kings Village Shopping Center, 230 Mount Hermon Road, Suite 210, Scotts Valley

## **Gates of Heaven**

*If you go on banging on the doors of heaven with your little fists, no one will hear. No one will open the doors, because that's not how the doorbell to the gates of heaven works. The gates open from the inside outward, but only when you have made all the spiritual preparations to walk through.*

—Harold Klemp,  
*The Slow Burning Love of God*,  
Mahanta Transcripts, Book 13,  
p. 89.



**Harold Klemp**,  
The Spiritual Leader of  
Eckankar, Religion of the  
Light and Sound of God

### **This Month's ECK Worship Service Quote:**

*We're speaking of the Light and Sound of God—the visual and the auditory—to see and hear God's blessings. Because if you can open your heart with love, you can tune in to God's will. And as you do, you will find life begins to take on meaning, beyond anything you've ever heard or felt before.*

—Harold Klemp,  
*The Slow Burning  
Love of God*, Mahanta  
Transcripts, Book 13,  
p. 131-132.

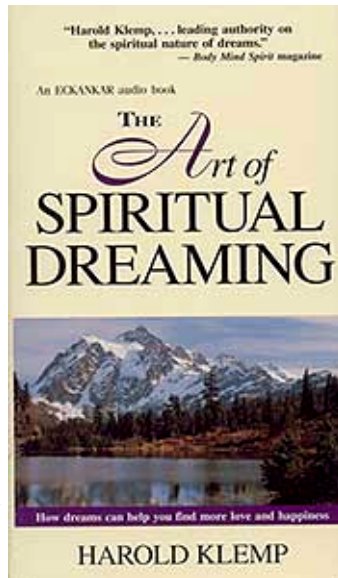
## Local Upcoming Eckankar Events

### Book Discussion

#### *The Art of Spiritual Dreaming* Book Discussion Class

6:30 - 7:30 p.m., Tuesdays,  
January 26 & February 23  
Marina Public Library  
190 Seaside Circle, Marina

Do you have friends or family members who are asking you about their dreams? Bring them to this engaging book discussion based on *The Art of Spiritual Dreaming*, by Harold Klemp. It is not necessary to purchase a book to participate. Books will be available. This class is free and open to everyone. Call 831-373-1153 for more information.



### Eckankar Terms

**ECK** The Life Force, the Holy Spirit, or Audible Life Current that sustains all life.

**Eckankar** The Religion of the Light and Sound of God. It teaches there is a spiritual essence, known as the ECK, that connects each individual with the heart of God.

**HU** An ancient name for God, a love song to God and a non-directed prayer.

**Living ECK Master** The title of the spiritual leader of Eckankar. His mission is to lead Soul back home to God.

**Mahanta** A title describing the highest state of consciousness on earth often embodied in the Living ECK Master.

**Sugmad** Another word for the supreme God; from It flows all life, all truth, all reality; all wisdom, love, and power.

### HU, The Most Beautiful Prayer

*Singing HU, the most beautiful prayer, is a spiritual technique that can use to keep your balance in this world. It can help you keep your perspective. Sing HU. It can allow—through dream experiences, intuition, or other means—a way for the Inner Master can then let you know which way's up and which way's down—really.*

*Our political leaders may say, "What is up is down, and what is down is up." By chanting HU, you keep your perspective. You say, "This is the ash can of the universe, but we are here to do the best we can, to make it a garden if we can."*

—Harold Klemp, *The Slow Burning Love of God*, Mahanta Transcripts, Book 13, p.186–187.

### Membership in Eckankar

Eckankar, Religion of the Light and Sound of God, can help you find answers to your deepest spiritual questions. Through ECK Worship Services, books and book discussion classes, workshops, and seminars, you will find new ways to unfold spiritually. Membership in Eckankar is available for those who wish to take their spiritual studies further. Members receive printed monthly lessons from the spiritual leader of Eckankar, Sri Harold Klemp, the Mahanta, the Living ECK Master. These lessons can be studied privately at home or with others in spiritual study (Satsang) classes. For more information visit Eckankar's website at [www.Eckankar.org](http://www.Eckankar.org); call 1-800-LOVE GOD, or write: Eckankar, Att: ECK Membership, P.O. Box 2000, Chanhassen, MN 55317-2000 U.S.A. For local information, call 831-373-1153.



## ECKANKAR, Religion of the Light and Sound of God

ECKANKAR teaches that there is an audible life current known as the ECK, or Holy Spirit, that connects each of us with the heart of God. We can experience the ECK as Light and Sound. Through study and practice of the Spiritual Exercises of ECK, we learn to recognize the Light and Sound of God as It touches our lives and brings increased divine love.

The spiritual leader of ECKANKAR is the Mahanta, the Living ECK Master, Sri Harold Klemp. The Mahanta is the inner, or spiritual, form of the Living ECK Master. The Mahanta gives inner guidance through dreams, Soul Travel, and the Spiritual Exercises of ECK. Harold Klemp's inspiring talks and writings, and his practical approach to spirituality, help thousands of people worldwide find greater freedom, wisdom, and love. His teachings uplift and help people recognize their own experiences with the Light and Sound of God.

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**ECKANKAR Monterey County**  
**PO Box EK**  
**Pacific Grove, CA 93950**

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### Have You Moved?

So that your ECK mailings won't be delayed, please send a change of address to each of the three following locations:

#### **CALIFORNIA SATSANG SOCIETY**

PO Box 10484  
Oakland, CA 94610 or  
info@eck-ca.org

#### **ECKANKAR Monterey County**

PO Box EK  
Pacific Grove, CA 93950  
831-373-1153

#### **ECKANKAR SPIRITUAL CENTER**

PO Box 2000  
Chanhassen, MN 55317-2000  
1-800-LOVEGOD

#### **Marina Library,**

**190 Seaside Circle, Marina**

Call 831-373-1153 for directions only

#### **Directions :**

##### **Northbound:**

From Hwy 1 take the Reservation Rd exit; turn right onto Reservation; turn right to stay on Reservation Rd; turn left onto Seaside Circle (the first left turn after the Holiday Inn Express).

##### **Southbound:**

From Hwy 1 take the Reservation Rd exit; turn left onto Reservation; turn right to stay on Reservation Rd; turn left onto Seaside Circle (the first left turn after the Holiday Inn Express).

The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Sri Harold Klemp.

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