



JOURNAL of SOUL

ECKANKAR
THE PATH OF SPIRITUAL FREEDOM

GUEST EVENTS FOR JANUARY 2019

You are invited to
CHANT HU,
a sacred sound and
ancient mantra.
HU can uplift people
of any religion,
culture, or walk of life.



You can
Hear the HU at the website:
www.TheSoundofSoul.org
and on these days in Irvine.
Sunday, January 6, 11:30 a.m.
Every Friday, 7:30 p.m.
Discussion follows the chant.



The Easy Way Discourse
is included with your
Membership in Eckankar.
Three new classes beginning in
February (English, Farsi, Spanish)

For Information:
call the Irvine ECK Center:
(949) 260-9874

Details:
<http://www.eckankar.org/membership/index.html>

**ECK
LIGHT and SOUND SERVICE**
Irvine ECK Center
Sunday, January 13
11 a.m. to 12:15 p.m.
Irvine

God's Gift The Creative Imagination

“Soul, a particle of God, is blessed
with the gift of creative imagination,
which finds a solution to every
problem.”

—Harold Klemp
The Spiritual Leader of Eckankar
The Language of Soul
page 2

“Soul can create whatever it needs.”

—Harold Klemp
The Spiritual Leader of Eckankar
The Awakened Heart
page 110

Here is what to expect:
Welcome and Introduction

Reading from the Works
of ECK (Spirit)

HU Chant and
Quiet Contemplation

Video from Spiritual Leader of
Eckankar, Harold Klemp

Discussion

Closing HU Chant

Fellowship

BOOK DISCUSSION

*Spiritual Exercises for the
Shariyat, Book 2*

Saturday, January 5
10 a.m. in Irvine

BOOK DISCUSSION

*Spiritual Wisdom on
Prayer, Meditation,
and Contemplation*

Sunday, January 6
10 a.m. in Irvine

BOOK DISCUSSION

of the most recent book
released at the Worldwide
Seminar in 2018.

*ECK Wisdom on
Spiritual Freedom*

Sunday, January 20
11 a.m. in Irvine

ROUNDTABLE DISCUSSION

**Learning the Art of
Spiritual Balance**






Sunday, January 27
11 a.m. in Irvine



**GUEST CALENDAR
IRVINE ECKANKAR CENTER**

**JANUARY
2019**

SUNDAY	MON.	TUE.	WED.	THURS.	FRIDAY	SATURDAY
December 30 WORKSHOP "Creative Living Through the Spiritual Laws of Life" IRVINE 11am to 1pm	Dec 31 1	2	3	4	HU Sound of Soul Event IRVINE 7:30pm	5 BOOK DISCUSSION <i>Spiritual Exercises for The Shariyat, Bk 2</i> Read Chapter 1 IRVINE 1pm
6 BOOK DISCUSSION <i>Spiritual Wisdom on Prayer, Meditation, and Contemplation</i> IRVINE 10am HU Sound of Soul Event IRVINE 11:30am	7	8	9	10	11 HU Sound of Soul Event IRVINE 7:30pm	12
13  ECK Light & Sound Service "God's Gift— The Creative Imagination" IRVINE 11am	14 10–4pm Wisdom Wheel UCI 	15	16	17	18 HU Sound of Soul Event IRVINE 7:30pm	19 <i>Sabiduria espiri- tual acerca de la salud y la curacion</i> Haskett Library 2pm
20 BOOK DISCUSSION <i>ECK Wisdom on Spiritual Freedom</i> IRVINE 11am	21	22	23	24	25 HU Sound of Soul Event IRVINE 7:30pm	26
27 ROUNDTABLE DISCUSSION "Learning the Art of Spiritual Balance" IRVINE 11am	28 10–4pm Wisdom Wheel UCI 	29	30	31	February 1 HU Sound of Soul Event IRVINE 7:30pm	February 2 BOOK DISCUSSION <i>Spiritual Exercises for The Shariyat, Bk 2</i> Chapter 2 IRVINE 1pm

You are welcome to any of these events. Book Discussions can be attended without the book.

To subscribe or unsubscribe to this newsletter, you may leave your
name and address at (949) 260-9874 or email eck.irvine@gmail.com.

An annual donation for mailing will be greatly appreciated.

Newsletters are free at the Eckankar Centers and on-line.

www.eck-ca.org