

ECKANKAR

The Path of Spiritual Freedom

January 2019 Events



Spiritual Conversations —Explore, Experience, Share

Explore our monthly conversations in a friendly and relaxed atmosphere. Experience open hearted and love filled discussions with like-minded souls. Share your spiritual experiences and stories, ask questions or just listen. This month's topic:

Riding the Waves of Change

"If you can dream something, you can do it.

"As long as you do not align your actions with your dreams, you are not fulfilling your destiny."

—Harold Klemp, *The Language of Soul*, pg. 106

Wed, Jan 9
6:30 - 7:30 pm
SOCO Coffee
1015 4th Street
Santa Rosa

The Sound of Soul Event

Discover how singing the sacred sound of HU can help you meet life's challenges and experience more joy in everyday moments. Join a twenty-minute group HU song, followed by an informal discussion.

"The Spiritual Exercises of ECK, like singing HU, are simple contemplations; in a way they are the ECK equivalent to prayer

"In contemplation you shut your eyes, listen, and wait for God to speak to you. It's a whole different approach. Through the spiritual exercises and this contemplative effort, you learn to listen to the Voice of God. The Voice of God is the Holy Spirit, which we call the ECK."

—Harold Klemp, *HU, The Most Beautiful Prayer*, pg. 26-27

Fri, Jan 18
7 - 8:00 pm
Finley
Community
Center
Manzanita Room
2060 West College Ave
Santa Rosa

ECK Light and Sound Service

Discover more about yourself as Soul, an eternal, creative, spiritual being. Connect with the most sacred part of yourself, receive new insights, and magnify love in your life through the Light and Sound of God. ECKANKAR welcomes people of all faiths and backgrounds. This month's topic:

Love Is All There Is


"Love does everything for those it loves."

—Harold Klemp, *Truth Has No Secrets*, pg. 78

Sun, Jan 20
11:00 am - Noon
The Flamingo Hotel
2777 Fourth Street
Santa Rosa

Event Calendar

January 2019

S	M	T	W	T	F	S
		1 SREC Open Hours <i>11am - 1 pm</i>	2	3	4	5 SREC Open Hours <i>11 am - 1 pm</i>
6	7 SREC Open Hours <i>11 am - 1 pm</i>	8 SREC Open Hours <i>11am - 1 pm</i>	9 Spiritual Conversations SOCO <i>6:30 - 7:30 pm</i>	10	11	12 SREC Open Hours <i>11 am - 12:30 pm</i>
13	14 SREC Open Hours <i>11 am - 1 pm</i>	15 SREC Open Hours <i>11 am - 1 pm</i>	16	17	18 The Sound of Soul Event FCC 7 - 8 pm	19 SREC Open Hours <i>11 am - 12:30 pm</i>
20 ECK Light and Sound Service FH 11 am - Noon	21 SREC Open Hours <i>11 am - 1 pm</i>	22 SREC Open Hours <i>11 am - 1 pm</i>	23	24	25	26 HU Chant SREC 10 am
27	28 SREC Open Hours <i>11 am - 1 pm</i>	29 SREC Open Hours <i>11 am - 1 pm</i>	30			

Venue Directory

FCC
Finley Community Center
2060 West College Ave
Santa Rosa

FH
The Flamingo Hotel
2777 Fourth Street
Santa Rosa

SREC
Santa Rosa Eckankar Center
1301 Farmers Lane, Suite 202
Santa Rosa 95405
707-542-2100

SOCO
SoCo Coffee
1015 4th Street,
Santa Rosa

Santa Rosa Eckankar Center Open Hours

Monday & Tuesdays 11:00 a.m. - 1:00 p.m.

1st Sat 11:00 a.m. - 1:00 p.m.

2nd & 3rd Sat 11:00 am - 12:30p.m.

Drop by for a visit during the center's open hours when you can; check out a book at our lending library, try a spiritual exercise, or ask questions.

Santa Rosa Eckankar Center
1301 Farmers Lane, Suite 202, Santa Rosa, CA

Info Line: 707-542-2100 • www.eck-ca.org

For More Info on Eckankar visit us at www.eck-ca.org or call the Santa Rosa ECK Center at (707) 542-2100