



# What is Life Teaching Me Now?

You are invited to an online  
**ECK Light and Sound Service**

Sunday, February 19, 2023  
11:00 a.m. to 12:15 p.m.

“Sing *HU* once or twice a day for ten or fifteen minutes to spiritualize your state of consciousness.

“During the time you're singing *HU*, you are saying to Divine Spirit, ‘I've opened myself to you. Give me the understanding and the wisdom to meet the waves of life, and the problems, troubles, and whatever else. Give me the strength to meet life.’”

—Harold Klemp,  
*The Sound of Soul*, p. 34



Sri Harold Klemp  
Spiritual Leader of ECKANKAR



We are pleased to let you know that we will have ASL interpretation, live closed captioning, and simultaneous Spanish translation.



## Are you ready to recognize what life is teaching you each day?

When we learn from life's spiritual lessons, our consciousness expands and we awaken to new levels of spiritual wisdom and understanding. By deepening our relationship with Divine Spirit, we're able to see the underlying gifts in life's challenges and have the strength and creativity to grow from them.

This is a family-friendly event, celebrating our true nature as Soul at any age.  
[Spiritual Opportunities for Parents & Families](#)

**This special Zoom event is open to everyone —invite your family and friends!**

You are welcome to join the session any time after 10:30 a.m. to enjoy the prelude music until the program begins. Upon joining the webinar, attendees will be in view-only mode.

[Click Here to Register in Advance for ECK Light & Sound Service](#)

*If you have registered for previous services, you can use the same link and do not need to register again.*

[www.Eckankar.org](http://www.Eckankar.org)

 **ECKANKAR—The Path of Spiritual Freedom**

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