



You are invited to an online

ECK Light and Sound Service

Sunday, October 16, 2022
11:00 a.m. to 12:15 p.m.

The Joy and Wonder of Soul

“As you sing *HU*, listen for a holy Sound. It may come in any number of ways: like the sound of a rumbling train, a singing bird, buzzing bees, a mellow flute, or even soothing guitars.

“It brings joy and wonder.”

—Harold Klemp,
The Sound of Soul, p. 70



Sri Harold Klemp
Spiritual Leader of ECKANKAR



We are pleased to let you know that we will have ASL interpretation, live closed captioning, and simultaneous Spanish translation.



Would you like to experience the joy and wonder of Soul? The Spiritual Exercises of ECK, such as singing HU, give you confidence in yourself. You learn that you are Soul, you are eternal. Singing HU each day can open your awareness to new viewpoints and attitudes.

This is a family-friendly event, celebrating our true nature as Soul at any age.

[Spiritual Opportunities for Parents & Families](#)

This special Zoom event is open to everyone—invite your family and friends!

You are welcome to join the session any time after 10:30 a.m. to enjoy the prelude music until the program begins. Upon joining the webinar, attendees will be in view-only mode.

[Click Here to Register in Advance for ECK Light & Sound Service](#)

If you have registered for previous services, you can use the same link and do not need to register again.

www.Eckankar.org



ECKANKAR—The Path of Spiritual Freedom