

Blessings—A Golden Thread in Everyday Life

You are invited
to an online

Sound of Soul Event

Thursday, October 12, 2023
7:30 p.m. to 8:30 p.m.

and every second
Thursday of the month



“Bless this day. And as we bless this day, we realize it was another opportunity to grow: to see, to know, to be.

“These are aspects of Soul: to see, to know, to be. No matter what your age—whether you’re a child, whether you’re very old and have seen all the seasons of life many, many times—as long as you have the love of God in your heart, you will always have this instinctive urge to see another day, and to say good night to this day as Bless this day.”

—Harold Klomp,
Love the Keystone to Life, p. 102

The blessings in our lives are often overlooked, yet they are actually touchstones to ever greater Divine Love. Within each is a golden nugget, a gift to lift our hearts, to bring us peace, to show us a different perspective, to open the doors of grace and love. The gifts are endless, a golden thread connecting every moment in our lives.

Come join us for this opportunity to connect to the blessings in your life by singing HU, an ancient name for God and the sound within all sounds. It’s a simple, yet profound, spiritual exercise that will help you discover . . .

- * how to recognize the everyday blessings in your life,
- * how blessings add greater meaning to everyday events,
- * how your world can change by counting your blessings, and
- * how you can be a blessing in other people’s lives.

Acknowledging and letting in the blessings in our lives opens our hearts to ever-deepening gratitude for life’s heart-touching bounty. We are then able to see, know, and be our true selves – Soul, a divine spark of God.

**Come sing HU and share your experiences of life’s blessings
or just listen, a blessing in and of itself.**



Chanting HU can bring

Comfort, peace, and calm
A subtle sense of divine love
Expanded awareness
A release of fears
Answers and inner guidance

The Sound of Soul is a public event for those who want to experience the uplifting sound of HU and the benefits that come from it.

Listen to a heart-opening spiritual quotation.

Experience a 10-15 minute HU Chant and quiet contemplation.

Share your spiritual experiences or ask questions in a relaxed, spiritual conversation.

This special free zoom event is open to everyone—invite your family and friends!

[Click Here to Register in Advance for this Sound of Soul Event](#)

If you have registered for previous services, you can use the same link and do not need to register again.

www.Eckankar.org



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