



ECKANKAR

*Religion of the Light
and Sound of God*

ECKANKAR teaches that there is an audible life current known as the ECK, or Holy Spirit, that connects each of us with the heart of God. We can experience the ECK as Light and Sound. Through study and practice of the Spiritual Exercises of ECK, we learn to recognize the Light and Sound of God as It touches our lives and brings increased divine love.

The spiritual leader of ECKANKAR is the Mahanta, the Living ECK Master. The Mahanta gives inner guidance through dreams, Soul Travel, and the Spiritual Exercises of ECK. Harold Klemp's inspiring talks and writing, and his practical approach to spirituality, help thousands of people worldwide find greater freedom, wisdom, and love. His teachings uplift and help people recognize their own experiences with the Light and Sound of God.

NEW

We invite you to follow us on meetup.com. Please search meetup.com for *eckankar in los angeles* for information on other Eckankar events held in the Los Angeles area

The Seeker

ECKANKAR Public Newsletter for Los Angeles

May 2012

"The law which all seek to know is the great principle of life. Its simplicity is amazing for it is summed up in the statement "Soul exists because God loves It". In other words, all life exists because God so wills it. This is the very foundation of life, the whole philosophy of ECKANKAR." - The SHARIYAT -KI-SUGMAD, Book One, page. 142



ECK Worship Services – Sundays at 11 AM

At the Los Angeles ECKANKAR Center, 6669 Sunset Blvd.

The public is warmly invited to ECK Worship Services. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works, a spiritual exercise, music, and a guest speaker, panel or group discussion of spiritual principles at work in daily life. The service lasts about an hour. On the first and third Sundays we also offer a simultaneous Youth ECK Worship Service for children ages 5 and up who attend the ECK Worship Service with their parents.

May 6 – Divine Guidance in Everyday Life

"Remember to ask, "What do I do now?" and listen. Listen again. Then wait and watch for the Holy Spirit to open a way for you to go to the next step in your spiritual life."

—Harold Klemp, *The Secret of Love*, Page 132

May 13 – Animals Are Soul Too

"Divine love is something that is shared. In the same way it comes from God to people, it is shared from people to people, from people to pets, and from pets to people. It works very simply. Divine love doesn't have the barriers that the human mind makes."

—Harold Klemp, *Love, the Keystone of Life*, Page 31

May 20 – Resting in the Arms of God

"Being relaxed in the arms of ECK means giving up and letting go of your fear to Divine Spirit. Because that is the ECK, the Holy Spirit.

If you're going to be a Co-worker with God, you need to be strong."

—Harold Klemp, *The Awakened Heart*, Page 129

May 27 – Divine Love in Our Life

"The whole point of life is to teach us how to come into agreement with the voice of God. The Light and Sound."

—Harold Klemp, *Past Lives, Dreams and Soul Travel*, Page 117

Friday Evening ECK Worship Service – 8:00 pm

May 4 – How Do We Know When God Speaks to Us?

"The Creator, the Highest Being, speaks to creation through Holy Spirit. The ECK. This voice of divine love is very real."

—Harold Klemp, *The Living Word*, Book 2, Page 112



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4 7:00 PM – Community HU Song 8:00 PM – ECK Friday Evening Worship Service <i>How Do We Know When God Speaks to Us?</i>	5
6 11 AM - ECK Worship Service <i>Divine Guidance in Everyday Life</i>	7 8:00 PM – ECK Discussion <i>Past Lives, Dreams and Soul Travel</i>	8 8:00 PM – ECK Roundtable <i>Detachment: Freedom for All</i>	9	10 8:00 PM – ECK Discussion <i>Stranger by the River</i>	11 7:00 PM – Community HU Song	12 10:00 AM – ECK Discussion <i>The Spiritual Laws of Life</i>
13 11 AM – ECK Worship Service <i>Animals Are Soul Too</i> NEW 1:00 P.M. – ECK Discussion <i>The Loving Heart</i>	14	15 8:00 PM – ECK Discussion <i>Shariyat-Ki-Sugmad, Book 2</i>	16	17 8:00 PM – ECK Discussion <i>The Flute of God</i>	18 7:00 PM – Community HU Song	19
20 11 AM – ECK Worship Service <i>Resting in the Arms of God</i>	21 8:00 PM – ECK Discussion <i>Autobiography of A Modern Prophet</i>	22 8:00 PM – ECK Discussion <i>Those Wonderful ECK Masters</i>	23	24	25 7:00 PM – Community HU Song	26 12:00 PM – Community HU Song NEW 4:30 PM - ECK Discussion <i>The Spiritual Exercises of ECK</i>
27 11 AM - ECK Worship Service <i>Divine Love in Our Life</i> NEW 1:00 PM – ECK Discussion <i>The Key to Eckankar</i>	28	29	30	31	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <p>Community HU Songs Held in Other Areas</p> <p>Montrose-Crescenta Branch Library, 2465 Honolulu Ave. Montrose, CA 91020, May 1, 2012, 7:00 p.m., 626-927-9943</p> <p>Covina Public Library, 234 Second Ave, Covina. 2nd Wednesday of every month, 7:00 p.m., 626-927-9943</p> <p>Altadena Healing Arts Center, 1911 North Lake Ave, Altadena. Held every last Wednesday of the month, 7:30 p.m., 626-927-9943</p> </div>	



The ideas expressed in this publication are not necessarily those of ECKANKAR or the Living ECK Master, Sri Harold Klemp.

Copyright © 2012 ECKANKAR. All rights reserved. The terms ECKANKAR, ECK, EK, MAHANTA, SOUL TRAVEL, and VAIRAGI, among others, are trademarks of ECKANKAR, P O Box 2000, Chanhassen, MN 55317-2000. USA

Published by the California Satsang Society, Inc., A Chartered Affiliate of ECKANKAR.

Join others in exploring an ECK book written by Harold Klemp, the spiritual leader of Eckankar, or by another ECK author. An ECK book discussion is a fun way to share insights and experiences and learn more about Eckankar. To get the most out of the class a book is recommended, but is not required. Feel free to come anytime.

Eckankar books and tapes

may be purchased at the Los Angeles Eckankar Center, at your favorite bookstore, online at <www.eckankar.org> or any online bookstore.

If you would like to be informed of other Eckankar events at the Los Angeles Eckankar Center and at other locations you can follow us on meetup.com at:

<http://www.meetup.com/eckankar-los-angeles-com/>

<http://www.meetup.com/dreams-past-lives-and-soul-travel/>

<http://www.meetup.com/past-lives-dreams-and-soul-travel/>

Summary of Events for This Month

ECK Discussion, *How to Survive Spiritually in Our Times*, Thursday, May 3, 8:00 p.m.

Community HU Song – Friday, May 4, 7:00 p.m.

ECK Friday Evening Worship Service – *How Do We Know When God Speaks to Us?*, Friday, May 4, 8:00 p.m.

ECK Discussion – *Past Lives, Dreams and Soul Travel*, Monday, May 7, 8:00 p.m.

ECK Roundtable – *Detachment: Freedom for All*, Tuesday, April 10, 8:00 p.m.

Community HU Song – Friday, May 11, 7:00 p.m.

ECK Discussion – *The Spiritual Laws of Life*, Saturday, May 12, 10:00 a.m.

NEW ECK Discussion – *The Loving Heart*, Sunday, May 13, 1:00 p.m.

ECK Discussion – *Shariyat-Ki-Sugmad*, Thursday, May 15, 8:00 p.m.

ECK Discussion – *Flute of God*, Thursday, May 17, 8:00 p.m.

Community HU Song – Friday, May 18, 7:00 p.m.

ECK Discussion – *Autobiography of a Modern Prophet*, Monday, May 21, 8:00 p.m.

NEW ECK Discussion – *Those Wonderful ECK Masters*, Tuesday, May 22, 8:00 p.m.

Community HU Song – Friday, May 25, 7:00 p.m.

Community HU Song – Saturday, May 26, 12:00 p.m.

NEW ECK Discussion – *The Spiritual Exercises of ECK*, Saturday, May 26, 4:30 p.m.

NEW ECK Discussion – *The Key to Eckankar*, Sunday, May 27, 1:00 p.m.

HU: A Love Song to God -- We invite you to join us at a community HU Song.

“If you want to lift yourself to a higher state of consciousness—so that the political issues, the family issues the social issues of the day do not throw you out of balance, so that you can find a happier, more contented life while you’re living here—sing HU, the most beautiful prayer.”

—Harold Klemp, *HU, the Most Beautiful Prayer*, page 58

Regardless of your background or religion, we invite you to join us in trying this simple, 20 minute spiritual exercise. It has helped people of many different faiths experience the presence of God

The purpose of Eckankar is to make God an everyday reality in your life.

As Soul, you have the God-knowledge within you. The teachings of ECK will awaken the knowledge and love for the divine things that are already in your heart.

The road to God is the adventure of a lifetime.

—Harold Klemp