



## July 2017 Public Newsletter for the Los Angeles (Hollywood) & West Los Angeles Eckankar Centers

"The law which all seek to know is the great principle of life. Its simplicity is amazing for it is summed up in the statement 'Soul exists because God loves It.' In other words, all life exists because God so wills it. This is the very foundation of life, the whole philosophy of Eckankar."

—The Shariyat-Ki-Sugmad, Book One, p. 142



### ECKANKAR

*The Path  
of Spiritual Freedom*

Eckankar teaches that there is an audible life current known as the ECK, or Holy Spirit, that connects each of us with the heart of God. We can experience the ECK as Light and Sound. Through study and practice of the Spiritual Exercises of ECK, we learn to recognize the Light and Sound of God as It touches our lives and brings increased divine love.

The spiritual leader of Eckankar is the Mahanta, the Living ECK Master. The Mahanta gives inner guidance through dreams, Soul Travel, and the Spiritual Exercises of ECK.

Harold Klemp's inspiring talks and writing, and his practical approach to spirituality, help thousands of people worldwide find greater freedom, wisdom, and love. His teachings uplift and help people recognize their own experiences with the Light and Sound of God.

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"The purpose of Eckankar is to make God an everyday reality in your life.

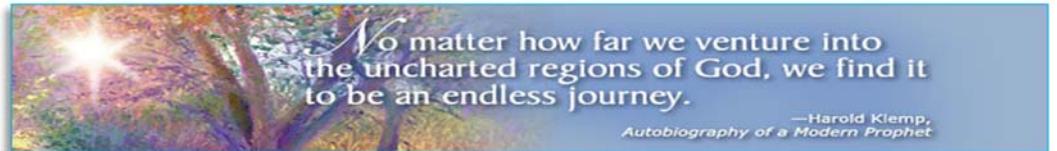
"As Soul, you have the God-knowledge within you. The teachings of ECK will awaken the knowledge and love for the divine things that are already in your heart.

"The road to God is the adventure of a lifetime."

—Harold Klemp  
www.eckankar.org

### ECK Light and Sound Services and other events held at the Los Angeles Eckankar Center 6669 Sunset Blvd., Hollywood 90028

The public is warmly invited to attend our ECK Light and Sound Services. All services focus on an aspect of Eckankar. They often feature a reading from the ECK works, a spiritual exercise, music, and a guest speaker, panel or group discussion of spiritual principles at work in daily life. The service lasts about an hour. On the first and third Sundays, we also offer a simultaneous Youth ECK Light and Sound Service for children ages five and up who attend the ECK Light and Sound Service with their parents. Join us at Crossroads of the World in Hollywood at 6669 Sunset Blvd., Los Angeles 90028; phone: 323.469.2325



#### July 2 – 11:00 AM ECK Light and Sound Service

##### ***HU: The Most Beautiful Prayer***

"HU is an ancient name for God. It is also a love song to God. All that we do with the word is to sing it with reverence."

—Harold Klemp, *HU: The Most Beautiful Prayer*, p. 7

#### July 7 – 8:00 PM Friday Evening ECK Spiritual Discussion

##### ***How to Thrive Spiritually in Trying Times***

"Soul, a particle of God, is blessed with the gift of creative imagination, which finds a solution to every problem."

—Harold Klemp, *The Language of Soul*, p. 2

#### July 9 – 11:00 AM Exploring Spiritual Wisdom:

##### ***Creating Better Relationships – Developing the Love Within You***

Moderated discussion based on the book *Spiritual Wisdom on Relationships* by Harold Klemp

#### July 16 – 11:00 AM ECK Video and Discussion

##### ***The Road to Spiritual Freedom***

Harold Klemp's talk from the 2002 ECK Worldwide Seminar

#### July 23 – 11:00 AM ECK Spiritual Discussion

##### ***The Spiritual Exercises of ECK***

Moderated discussion based on the book *The Spiritual Exercises of ECK* by Harold Klemp

#### July 30 – 11:00 AM ECK Roundtable

##### ***Mastering My Spiritual Destiny***

Moderated roundtable discussion

Eckankar seminars are an opportunity to join with other spiritual seekers and students of Eckankar for one to three days of workshops; small group discussions; inspiring creative arts; programs for children, youth, and families; and outstanding speakers.

"At ECK seminars, we try to speak about why this life is worth living, what help you can get from God and the Holy Spirit to help you through it, and how to go about getting this help."

—Harold Klemp

### Ready for a Spiritual Adventure?

Would you like to enter the secret kingdom of ancient wisdom? You can! Receive a yearlong discourse series called *The Easy Way Discourses* written by the spiritual leader of Eckankar, Harold Klemp, which includes membership in Eckankar, where you can discuss the discourses with others in an ECK Satsang class. The class gives you a place to explore spiritual ideas, ask challenging questions, and then experiment with finding your own answers through contemplation, using your imagination as a gateway to the divine. The Los Angeles Eckankar Center offers a simple process to join, with a new class for *The Easy Way Discourses* starting soon. Please contact Amalisha at 213.595.3983. The satsang class meets monthly. Classes last 1 - 1 1/2 hours.

Join us at the Los Angeles Eckankar Center, 6669 Sunset Blvd., Hollywood 90028



# July 2017 Public Newsletter for the Los Angeles (Hollywood) & West Los Angeles Eckankar Centers

## **ECK Light and Sound Services and Other Events held at the West Los Angeles Eckankar Center 11677 National Blvd., West Los Angeles 90064**

The public is warmly invited to ECK Light and Sound Services. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works, a spiritual exercise, music, and a guest speaker, panel or group discussion of spiritual principles at work in daily life. The service lasts about an hour. Join us at 11677 National Blvd. (at Barrington) 90064 – 310.477.0055

### **ECKANKAR**

*The Path  
of Spiritual Freedom*

Join others in exploring an ECK book written by Harold Klemp, the spiritual leader of Eckankar, or by another ECK author.

An ECK book discussion is a fun way to share insights and experiences and learn more about Eckankar.

To get the most out of the class, a book is recommended, but is not required.

Feel free to attend anytime.

**Eckankar books and recordings** may be purchased at both the Los Angeles and the West Los Angeles Eckankar Centers, at your favorite bookstore, online at [www.eckankar.org](http://www.eckankar.org) or from any online bookstore.

**Lending libraries** at both Eckankar Centers have a selection of used books that may be checked out with no charge. Please call first for each center's open hours.

### **What Does Eckankar Mean?**

Eckankar means "Co-Worker with God." It is the destiny of each Soul to experience God and serve all life. ECK is another word for the Life Force or the Holy Spirit, which can be experienced as Light and Sound. It is also known as the Audible Life Stream. Eckankar is mainly about your daily, personal connection with Divine Spirit. You'll also find people of like mind and experience in Eckankar who share your desire for truth. Your spiritual experiences reach welcoming ears among ECKists, those who study the ECK teachings. Visit: [www.eckankar.org/ekcenters](http://www.eckankar.org/ekcenters)

### **July 2 – 10:00 AM How Our Spiritual Lessons Come**

"Life teaches us best through misfortunes.

"Don't look for them, but do learn to take care of yourself. Divine Spirit often gives the most valuable lessons in a simple job like dishwashing. Learn to take care of yourself first, for only then can you reach and serve others."

—Harold Klemp, *Youth Ask a Modern Prophet About Life, Love and God*, p. 66

### **July 9 – 10:00 AM ECK Light and Sound Service The Creative Power of Soul**

"Soul can create whatever It needs."

—Harold Klemp, *The Awakened Heart*, p. 10

### **July 16 – 10:00 AM ECK Light and Sound Service The Creative Power of Soul**

"Soul can create whatever It needs."

—Harold Klemp, *The Awakened Heart*, p. 10

### **July 23 – 10:00 AM ECK Spiritual Discussion Serving God: On-the-Job Training**

"Do everything, large or small, as if you were doing it for God alone. That means the task will be done with love, joy, and (don't forget) thoroughness.

"Success is a little like heaven. There's always another step."

—Harold Klemp, *Youth Ask a Modern Prophet About Life, Love, and God*, p. 63

### **July 30 – 10:00 AM ECK Light and Sound Service How to Listen to the Voice of God**

"People think that the Holy Spirit speaks to us in the human voice. This can occur, but it usually happens when a messenger of God—an angel, for example—is sent to a human being. Then people hear a voice. But the pure Voice of God is music, the Audible Sound Current, the Holy Spirit."

—Harold Klemp, *Love: The Keystone of Life*, p. 17

#### **Eckankar Meetup Groups for West Los Angeles**

<http://www.meetup.com/west-LA-past-lives-dreams-and-soul-travel/>

<http://www.meetup.com/West-LA-Eckankar-Meetup-Group/>

#### **Eckankar Meetup Groups for Los Angeles**

<http://www.meetup.com/eckankar-los-angeles-com/>

<http://www.meetup.com/dreams-past-lives-and-soul-travel/>

<http://www.meetup.com/past-lives-dreams-and-soul-travel/>

### **Have You Received a Spiritual Wake-Up Call?**

Perhaps you are at the point where some Voice of God has shaken you awake from a deep spiritual slumber. God speaks to us through past lives, dreams, and Soul Travel. Experience it for yourself! Explore the links on this page for compelling stories, insights, and spiritual exercises. Journey into your inner worlds and reap the benefits of the wisdom and spiritual truth in your heart. This inner journey reveals the all-caring nature of God's love. This love works wonders.

**Past Lives**—Want to recall memories of past lives? Lessons of long ago can be recaptured to help our lives today. Our character is made up of virtues and shortcomings, and all are a development from past lives. Learn how to explore past lives today.

**Dreams**—Dreams are real, another way to find wisdom from the heart. Dreams open new avenues of truth and give insights just for you. Learn more about how to work with dreams.

**Soul Travel**—Soul Travel is simply a shift in consciousness. Its main benefit is to let us tap into the wisdom and knowledge of the last great frontier—our inner worlds—to fully, consciously ride the wave of divine love coming into our lives every day.