

The Golden Messenger

ECKANKAR—The Path of Spiritual Freedom

Public Events for Lake and Mendocino Counties

February — April 2019

ECK Light and Sound Services

Eckankar, the Path of Spiritual Freedom, offers ancient teachings that support Soul's ability to use life circumstances as a bridge to the heart of God. Imagine crossing this bridge and opening the door in your heart to a deeper connection with God. What new states of consciousness await you?

What self-mastery can you gain by applying spiritual wisdom to problems?

You are warmly invited to attend our Light and Sound services.

- Sunday, February 24 11:00—Noon Hampton Inn, 1160 Airport Blvd., Ukiah, CA 95482
Creating Your Spiritual Life
- Sunday, March 24 11:00—Noon Willits Center for the Arts, 71 E. Commercial St., Willits, CA 95490
Life: the Master Teacher
- Sunday, April 28 11:00—Noon Lakeport Yacht Club, 15 Fifth St., Lakeport, CA 95453
Transforming Your Life with the Sacred Word HU



Sound of Soul Events

Tuesdays 6:00 — 7:00 p.m.
February 19, March 19, April 16
Willits Center for the Arts

2nd Wednesday of the Month in Ft. Bragg
Call Jess H. at 707-961-5411 for information

You're invited to experience chanting *HU*, a sacred sound and ancient mantra. *HU* can uplift people of any religion, culture, or walk of life.

"Love is love.

"And you are that. *HU* is the Sound of Soul."

—Harold Klemp, *The Sound of Soul*, pg. 2

**"Love is the doorway to spiritual freedom.
And the Light and Sound of God opens that doorway of love."**

—Harold Klemp, *The Call of Soul*, page 93

For more information, please
contact April Tweddell at 707-456-9934



www.ECK-ca.org
www.TheSoundOfSoul.org