

# The Golden Messenger

## ECKANKAR—The Path of Spiritual Freedom

Public Events for Lake and Mendocino Counties  
July — September 2018

### ECK Light and Sound Services

*Eckankar, the Path of Spiritual Freedom, offers ancient teachings that support Soul's ability to use life circumstances as a bridge to the heart of God. Imagine crossing this bridge and opening the door in your heart to a deeper connection with God. What new states of consciousness await you? What self-mastery can you gain by applying spiritual wisdom to problems? You are warmly invited to attend our Light and Sound services.*

- Sunday, July 22      11:00 a.m.      The Hill House, 10701 Palette Dr., Mendocino, CA 95460  
***The Blessings of Gratitude***
- Sunday, August 26      11:00 a.m.      Lakeport Yacht Club., Lakeport, CA 95453  
***How to Take the Next Step to Spiritual Freedom***
- Sunday, Sept. 23      11:00 a.m.      The Hill House, 10701 Palette Dr., Mendocino, CA 95460  
***Keeping a Calm Heart in a Chaotic World***



### Sound of Soul Events

Tuesdays: 6:00 — 7:00 p.m.  
July 17, August 21, September 18  
Willits Center for the Arts

*You're invited to experience chanting HU, a sacred sound and ancient mantra. HU can uplift people of any religion, culture, or walk of life.*

**"Love is love.**

**"And you are that. HU is the Sound of Soul."**

—Harold Klemp, *The Sound of Soul*, pg. 2

**"Love is the doorway to spiritual freedom.  
And the Light and Sound of God opens that doorway of love."**

—Harold Klemp, *The Call of Soul*, page 93

For more information, please  
contact April Tweddell at 707-456-9934



[www.ECK-ca.org](http://www.ECK-ca.org)  
[www.TheSoundOfSoul.org](http://www.TheSoundOfSoul.org)