

The Golden Messenger

ECKANKAR—The Path of Spiritual Freedom

Public Events for Lake and Mendocino Counties
October 2018

ECK Light and Sound Services

Eckankar, the Path of Spiritual Freedom, offers ancient teachings that support Soul's ability to use life circumstances as a bridge to the heart of God. Imagine crossing this bridge and opening the door in your heart to a deeper connection with God. What new states of consciousness await you? What self-mastery can you gain by applying spiritual wisdom to problems? You are warmly invited to attend our Light and Sound services.

Sunday, October 14
Life: The Journey of Soul

11:00 a.m.

Willits Center for the Arts



2018 ECK World Wide Seminar in Minneapolis

Oct. 26, 27, 28

Friday, Saturday and Sunday



Becoming the Loving Heart

Sound of Soul Events

Tuesday, October 16

6:00 — 7:00 p.m.

Willits Center for the Arts

You're invited to experience chanting HU, a sacred sound and ancient mantra. HU can uplift people of any religion, culture, or walk of life.

"Love is love.

"And you are that. HU is the Sound of Soul."

—Harold Klemp, *The Sound of Soul*, pg. 2

"The quickest way to put your state of consciousness in the heart of God is to sing HU. Just sing HU to yourself a few times with love.

You'll notice that something changes." —Harold Klemp, *The Sound of Soul*, page 6

For more information, please
contact April Tweddell at 707-972-2475



www.ECK-ca.org

www.TheSoundOfSoul.org