

The Golden Messenger

ECKANKAR

The Path of Spiritual Freedom

Public Events for
Lake and Mendocino Counties

ECK Light and Sound Services

Eckankar, the Path of Spiritual Freedom, offers ancient teachings that support Soul's ability to use life circumstances as a bridge to the heart of God. Imagine crossing this bridge and opening the door in your heart to a deeper connection with God. What new states of consciousness await you? What self-mastery can you gain by applying spiritual wisdom to problems?

You are warmly invited to attend our Light and Sound services.

4th Sunday

11:00 a.m.— noon

Call 707-456-9934 for location

Spiritual Discussions

These spiritual discussions explore topics that help us recognize and live our spirituality day-to-day. You are welcome to participate in any or all spiritual discussions whether or not you have read the text.

4th Wednesday

Willits

6:45—7:30 p.m.

Willits Center For the Arts

4th Tuesday

Ft. Bragg

6:00—7:00 p.m.

Call 707-961-5411 for location

2nd Sunday

Lakeport

11:00 a.m.—noon

Call 707-263-7045 for location

Community HU Songs

2nd Sunday

Lakeport

10:00—10:30 a.m.

Call 707-263-7045 for location

2nd Tuesday

Ft. Bragg

4:00—4:30 p.m.

Call 707-961-5411 for location

4th Wednesday

Willits

6:00—6:30 p.m.

Willits Center for the Arts

“Love is the doorway to spiritual freedom.
And the Light and Sound of God opens that doorway of love.”

—Harold Klemp, *The Call of Soul*, page 93

For more information, please
contact April Tweddell at 707-972-2475



www.ECK-ca.org
www.hearHU.org