



# THE ECK CONNECTION

ECKANKAR—THE PATH OF SPIRITUAL FREEDOM

NEWS OF PUBLIC ECK EVENTS IN MT. SHASTA AREA Nov/Dec  
2017

## ECK SPIRITUAL DISCUSSIONS

ECK Spiritual Discussions are open to the public and provide an opportunity for everyone to gain greater spiritual insight into their lives. The hour-long discussion focuses on the monthly topic and features a reading from the ECK teachings.

**Sunday, Nov 12**

11:00 a.m.

**Turning Points:  
Opportunities for  
Spiritual Growth**  
Yreka Healing Arts



**Sunday, Dec 10**

11:00 a.m.

**Where Do Dreams  
Take Us?**  
Yreka Healing Arts  
229 W. Miner, Yreka

*A Community H'U Song precedes  
the Monthly Discussion at 10:00 a.m.*

*Everyone is welcome!*

*For More information, call 530-938-1072.*

The opinion expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Sri Harold Klemp.

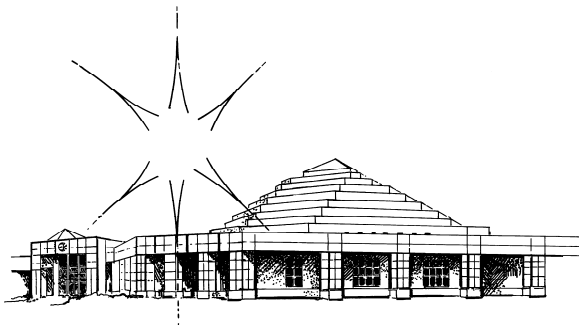
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**530-938-1072 or [eckankar.mtshasta@gmail.com](mailto:eckankar.mtshasta@gmail.com)**

***NOV/DEC 2017***



**The Temple of ECK, near Minneapolis, Minnesota**  
A place where people of all faiths study the teachings of  
Eckankar—the Path of Spiritual Freedom

## **What is Eckankar?**

Eckankar teaches that there is an audible life current known as the ECK, or Holy Spirit, that connects each of us with the heart of God. We can experience the ECK as Light and Sound. Through study and practice of the Spiritual Exercises of ECK, we learn to recognize the Light and Sound of God as It touches our lives and brings increased divine love.

The spiritual leader of Eckankar is the Mahanta, the Living ECK Master, Sri Harold Klemp. The Mahanta is the inner, or spiritual, form of the Living ECK Master. The Mahanta gives inner guidance through dreams, Soul Travel, and the Spiritual Exercises of ECK. Harold Klemp's inspiring talks and writings, and his practical approach to spirituality, help thousands of people worldwide find greater freedom, wisdom, and love. His teachings uplift and help people recognize their own experiences with the Light and Sound of God.

For more information on the Path of Spiritual Freedom  
contact your local ECK group or write:

**ECKANKAR**

Attn: Information

P.O. Box 2000

Chanhassen, MN 55317

**Local No.: 530-938-1072**

**[www.ECK-ca.org](http://www.ECK-ca.org)**

**Visit ECKANKAR's Web site  
at [www.eckankar.org](http://www.eckankar.org).**



**Harold Klemp**  
The Spiritual Leader  
of Eckankar