



# *The ECK Current*

ECKANKAR—The Path of Spiritual Freedom

**NEWS OF ECK EVENTS FOR THE PUBLIC IN REDDING**

**Sept. & Oct.  
2017**

## **ECK LIGHT & SOUND SERVICES**

ECK Light & Sound Services are open to people of all faiths and provide an opportunity for everyone to gain greater spiritual insight into their lives. The hour-long service focuses on an aspect of ECKANKAR. They usually feature a reading from the ECK works, singing HU: a heart-opening contemplation that can expand our awareness of God's love and presence in our life, and a discussion of how spiritual principles work. Fellowship and light refreshments follow each service.

### **“How to Listen to the Voice of God”**

Sunday, Sept.3, 2017 @ 11 a.m.

Barbara LaVolpa  
Holiday Market Com. Room  
3315 Placer St.,  
Redding, CA.



### **“Awaken to Greater Spirituality in Your Life”**

Sunday, Oct. 1, 2017 @ 11 a.m.

Joseph LaVolpa  
Holiday Market. Com. Room  
3315 Placer St.,  
Redding, CA.

## **SPIRITUAL BOOK DISCUSSION on**

### ***“Spiritual Wisdom on Health & Healing”***

The public is cordially invited to attend this book discussion. The discussion will help you see yourself and your state of health from a higher perspective than you've likely ever imagined possible. We will also focus on understanding our responsibility in our health matters. The discussion is based on the book by Harold Klemp, the spiritual leader of ECKANKAR and will be given away free at the class.

**October 29, Sunday @ 11 am  
Holiday Market Community Rm.,  
3315 Placer St., Redding, CA.  
Call 378-2557**

**—For questions or information on any of the above, please call 530-378-2557 or 224-8703—**

The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Sri Harold Klemp.

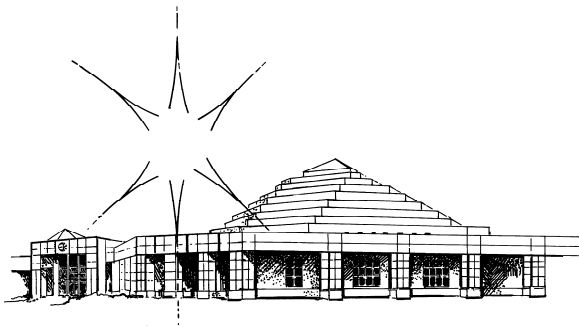
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**Redding ECKANKAR Information Center**  
**PO Box 494111**  
**Redding, CA. 96049**

## ***SEPT. & OCT. ISSUE***



**The Temple of ECK, near Minneapolis, Minnesota**  
A place where people of all faiths study the teachings of  
Eckankar, The Path of Spiritual Freedom

## **What is Eckankar?**

Eckankar teaches that there is an audible life current known as the ECK, or Holy Spirit, that connects each of us with the heart of God. We can experience the ECK as Light and Sound. Through study and practice of the Spiritual Exercises of ECK, we learn to recognize the Light and Sound of God as It touches our lives and brings increased divine love.

The spiritual leader of Eckankar is the Mahanta, the Living ECK Master, Sri Harold Klemp. The Mahanta is the inner, or spiritual, form of the Living ECK Master. The Mahanta gives inner guidance through dreams, Soul Travel, and the Spiritual Exercises of ECK. Harold Klemp's inspiring talks and writings, and his practical approach to spirituality, help thousands of people worldwide find greater freedom, wisdom, and love. His teachings uplift and help people recognize their own experiences with the Light and Sound of God.

For more information on The Path of Spiritual Freedom  
contact your local ECK group or write:

### **ECKANKAR**

Attn: Information

P.O. Box 2000

Chanhasen, MN 55317

**Local #:** 530-224-8703

**Visit ECKANKAR's Web site  
at [www.eckankar.org](http://www.eckankar.org).**

**or [www.ECK-ca.org](http://www.ECK-ca.org)**



**Harold Klemp**  
The Spiritual Leader  
of Eckankar