



The ECK Current

ECKANKAR—The Path of Spiritual Freedom

NEWS OF ECK EVENTS FOR THE PUBLIC IN REDDING

Sept. & Oct.
2018

ECK LIGHT & SOUND SERVICES

ECK Light & Sound Services are open to people of all faiths and provide an opportunity for everyone to gain greater spiritual insight into their lives. The hour-long service focuses on an aspect of ECKANKAR. They usually feature a reading from the ECK works, singing HU: a heart-opening contemplation that can expand our awareness of God's love and presence in our life, and a discussion of how spiritual principles work. Fellowship and light refreshments follow each service.

Trust Your Inner Guidance

Sunday, Sept. 2, 2018 11 a.m.

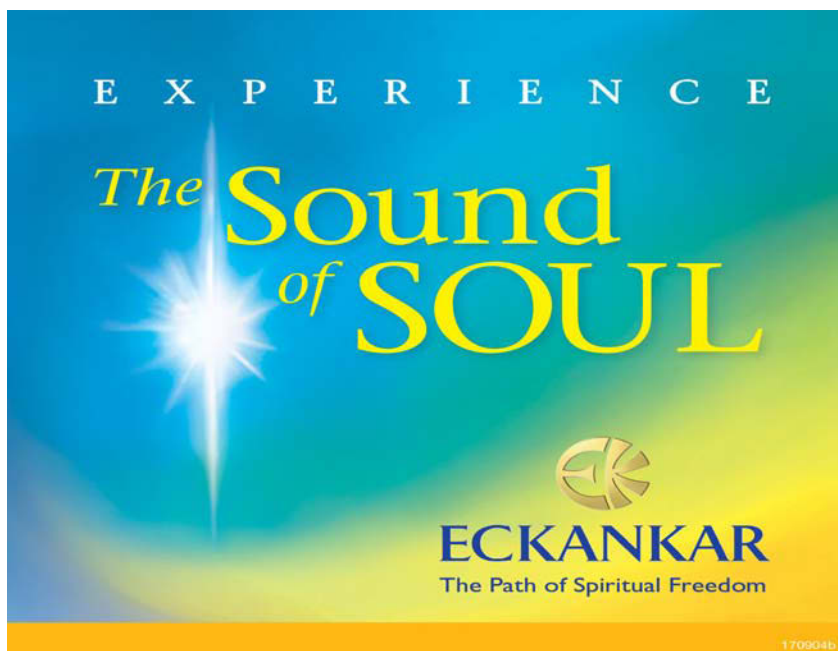
Barbara LaVolpa
Holiday Market Com. Room
3315 Placer St.,
Redding, CA.



Be Your Best & Highest Self

Sunday, Oct. 7, 2018 11 a.m.

Joseph LaVolpa
Holiday Market. Com. Room
3315 Placer St.,
Redding, CA.



Sound of Soul event
for people of all faiths.

“HU can be sung by anyone, whether Christian, Muslim, or of any other religion. It isn't meant to change your religion.

HU will enhance it.”

—Harold Klemp

HU, The Most Beautiful Prayer, pg. 7

Sunday, Sept. 30, 2018 11 a.m.
Holiday Market. Com. Room
3315 Placer St.,
Redding, CA.

—For questions or information on any of the above, please call 530-378-2557 or 224-8703—

The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Sri Harold Klemp.

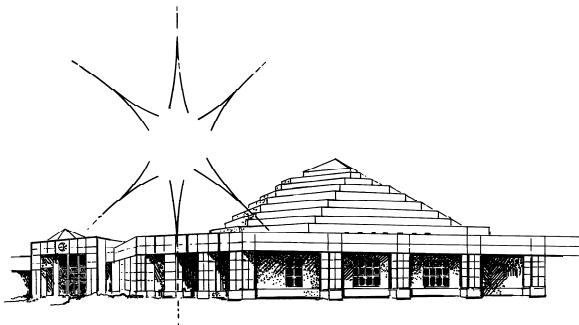
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Redding ECKANKAR Information Center
PO Box 494111
Redding, CA. 96049

SEPTEMBER & AOCTOBER ISSUE



The Temple of ECK, near Minneapolis, Minnesota
A place where people of all faiths study the teachings of
Eckankar, The Path of Spiritual Freedom

What is Eckankar?

Eckankar teaches that there is an audible life current known as the ECK, or Holy Spirit, that connects each of us with the heart of God. We can experience the ECK as Light and Sound. Through study and practice of the Spiritual Exercises of ECK, we learn to recognize the Light and Sound of God as It touches our lives and brings increased divine love.

The spiritual leader of Eckankar is the Mahanta, the Living ECK Master, Sri Harold Klemp. The Mahanta is the inner, or spiritual, form of the Living ECK Master. The Mahanta gives inner guidance through dreams, Soul Travel, and the Spiritual Exercises of ECK. Harold Klemp's inspiring talks and writings, and his practical approach to spirituality, help thousands of people worldwide find greater freedom, wisdom, and love. His teachings uplift and help people recognize their own experiences with the Light and Sound of God.

For more information on The Path of Spiritual Freedom
contact your local ECK group or write:

ECKANKAR

Attn: Information

P.O. Box 2000

Chanhassen, MN 55317

Local #: 530-224-8703

**Visit ECKANKAR's Web site
at www.eckankar.org.**

or www.ECK-ca.org



Harold Klemp
The Spiritual Leader
of Eckankar