

## Special Program for Guests

### Friday, August 25, 7:00–8:30 p.m.

Join us for an evening of spiritual chats on the following topics: *Past Lives, Dreams and Soul Travel; Spiritual Wisdom on Relationships; Waking Dreams*; and more!

### Saturday, August 26

Featuring creative and engaging workshops and a spiritual fair

#### **ECKANKAR—Ancient Wisdom for Today**

9:30–11:30 a.m. Awaken to the most secret and sacred part of yourself. Discover how past lives, dreams and Soul Travel can help you step out of the crowd and master your spiritual destiny. (in English y **en español**)

#### **Dreams! What Do They Mean?**

1:00–3:00 p.m. A fun FAMILY workshop to discover different types of dreams and personal dream symbols, understand nightmares, create a storyboard and dream journal. (in English y **en español**)

#### **Mini-workshops** 1:30–4:00 p.m.:

*Spiritual Wisdom on Solving Life's Problems* and *Demystifying Death: Connecting Heaven & Earth*

#### **Spiritual Exploration Fair** for all ages

2:30–4:30 p.m. **Explore** interactive stations that can offer insights on health, career, relationships and more! **Discover** keys to advance your pursuit of spiritual truth and take your next spiritual step. **Experience** spiritual tools and dynamic techniques that can transform your life!

## 2017 California ECK High Initiate Get-Together

Prior to this seminar, there will be a separate program just for ECK High Initiates on the theme *Awakening to the Living Shariyat*.



Thursday, August 24, 7:00–9:25 p.m. (music at 6:45 p.m. and 9:25 p.m.)

Friday, August 25, 8:00–11:35 a.m.

Bring your ECK I.D. For more information, look for the insert included in the mailing to High Initiates.

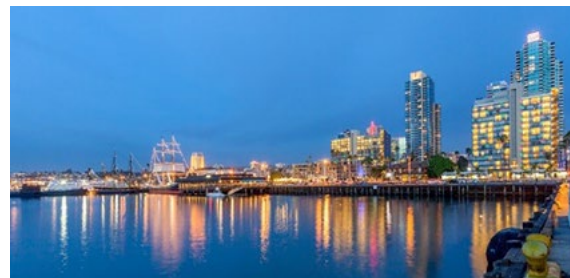
### Seminar information

(877) 504-6364 / info@ECK-ca.org  
Visit **SpiritualFreedomCA.com** for the latest program details, and hotel and seminar online registration links. Please send the Web site link to others as an easy way to invite them to the seminar!



### Hotel Registration

The Wyndham San Diego Bayside is offering rooms for one to four occupants at the special per-night seminar rate of \$163.00. State and local tax will be added. Reservations at this rate can be made while rooms last at: [tinyurl.com/2017calif](http://tinyurl.com/2017calif) or (619) 232-3861 (mention Eckankar).



### Hotel Amenities & Local Attractions

Nestled along the waterfront of the scenic San Diego Bay, Wyndham San Diego Bayside Hotel offers stunning bay views and features an outdoor pool, indoor fitness center, coffee cart and three restaurants. Enjoy complimentary guest room internet access and show your name badge to receive 10% discount at Hazelwood's Bayside Deli throughout the seminar.



The hotel is convenient to museums, theaters, restaurants, shopping, San Diego Zoo, Balboa Park, and SeaWorld.

The hotel offers free shuttle rides to the San Diego Zoo and local shopping.

Complimentary shuttle service to and from the San Diego International Airport. Go to courtesy vehicle pickup area at airport for Wyndham Shuttle.

Hotel daytime parking is \$5.00 and overnight is \$12.00.

#### **Consider taking the train to the seminar!**

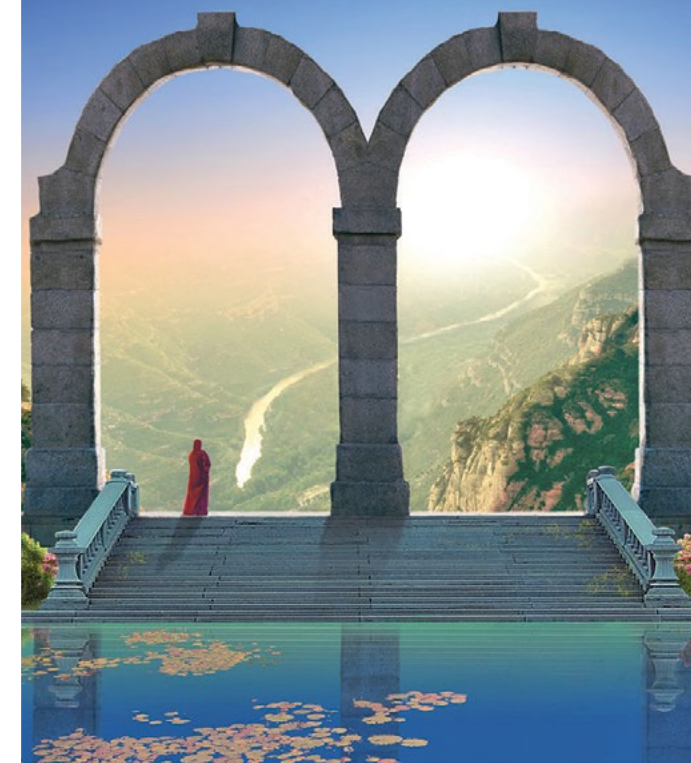
The Santa Fe Depot Station is the last stop on Amtrak and is only 0.5 mile from the Wyndham Hotel. For more information about routes, and to purchase tickets, go to [www.tinyurl.com/2017amtrak](http://www.tinyurl.com/2017amtrak).

### Wyndham San Diego Bayside Hotel

1355 North Harbor Drive, San Diego, CA 92101  
(619) 232-3861

 ECKANKAR in California presents

# What Is Spiritual Freedom?



**2017 California ECK Statewide Seminar  
August 25–27, San Diego, CA**

[ECK-ca.org](http://ECK-ca.org)

## You're Invited! 2017 California ECK Statewide Seminar, August 25–27

Join us for an uplifting weekend of spiritual inspiration, renewal, and fellowship. Open your heart to what spiritual freedom means for you!

Experience creative ways to unlock your full spiritual potential through interactive workshops and spiritual discussions. Gain insight from lively talks, panels, and creative arts.

### What Is Spiritual Freedom?

*“Love is the doorway to spiritual freedom. And the Light and Sound of God opens that doorway of love. You must go through that doorway. You must have the love of God transform your life before you can realize the gift of spiritual freedom.”*

—Sri Harold Klemp,  
*What Is Spiritual Freedom?*,  
Mahanta Transcripts,  
Book 11, page 165



### Guest Speaker

Formerly a long-time resident of San Diego, Don Ginn now lives in Chanhassen, Minnesota, near the ECKANKAR Spiritual Center.

Don's deep spiritual insight into life has made him a popular keynote speaker for audiences throughout North America, Asia, Australia, Africa, and Europe. He is a writer, workshop leader, business consultant and loves volunteering at the Temple of ECK.



### Seminar Highlights

Immerse yourself in a transformational weekend of spiritual experiences in the Light and Sound of God. This seminar offers life-changing tools, techniques, and insights to recharge and reinvent yourself spiritually.

#### Workshops, talks, and discussions

- Discover Your Divine Purpose on the Road to Spiritual Freedom
- Get Spiritually Creative!
- Take a Giant Leap Upward in Consciousness
- ECK Wisdom on Solving Problems
- Do What You Love, Love What You Do
- Giving Love and Service to the World as a Family
- Spiritual Transformation through Relationships
- When Love Replaces Fear
- I Am Soul

### Special Activities for ECK Members

All members of ECKANKAR are invited to a special meeting on Saturday from 9:30–11:30 a.m., **ECKANKAR's New Golden Age**.

There will also be an inspiring selection of trainings offered, including *Spiritual Duties of the ECK Volunteer*, *Spiritual Duties of the ECK H.I.*, and meetings to help those who lead HU Songs, for ECK speakers and facilitators, for those volunteering with youth and for ECK clerics.

### Schedule Preview

#### Friday, August 25

4:00–7:30 p.m. / Registration  
7:00–9:00 p.m. / Main program

#### Saturday, August 26

7:30 a.m.–7:30 p.m. / Registration  
8:00–8:30 a.m. / HU Song  
8:00–11:30 a.m. / Workshops, meetings and discussions  
1:00–5:00 p.m. / Workshops, meetings and discussions  
7:00–9:00 p.m. / Main program  
9:30 p.m. / After-hours activities

#### Sunday, August 27

8:00–11:00 a.m. / HU Song, main program

### ECK Bookroom and Art Gallery

Browse the ECK Bookroom and discover items to inspire and uplift you on your spiritual journey home to God.

In the ECK Art Gallery you will find the creative work of ECK artists. The path of spiritual freedom is an individual one, with shared expressions of the Light and Sound of God bringing joy to all.

## Youth and Families Experience Divine Love through Creative Activities

*“Spiritually healthy people like to be a ray of sunshine for the ones they love.”*

—Sri Harold Klemp, *Youth Ask a Modern Prophet about Life, Love, and God*, page 33

Youth and families are welcome to attend spiritually rewarding, fun, and creative activities. Discover how to live in the spirit of God's divine love and become that Light to others.



Explore family workshops, spiritual discussions and age appropriate activities for youth (ages 5–11, 12–17). Parents with their children under age 5 can enjoy a warm, friendly environment and comfortably view the main program via live video feed in the family room.



iDamos la bienvenida a quienes hablen español! Habrá eventos en español y traducción de los eventos en inglés al español, durante todo el fin de semana. Nuestro programa en español les ofrece el taller: La Guía Divina: Cómo Escuchar tu Voz Interna, pláticas interactivas, paneles de discusión y otras actividades.

Para más información sobre el programa del seminario en español, por favor visita [www.SpiritualFreedomCA.com](http://www.SpiritualFreedomCA.com)



A warm welcome to the deaf community! Interpreters for American Sign Language will be available.