The Golden Door

Events and Services for East Bay ECKANKAR

ZOOM

Deeply Connect with Divine Love–
A Sound of Soul Event

Saturday, August 8, 2026, 11:00 a.m.–12:00 p.m. PDT
and every second Saturday

"When you sing HU, you're dropping your bucket into the eternal waters of the Living Word, the Sound Current, the Audible Life Stream, the liberating force for all beings."

–Sri Doug Kunin, 2025 ECK Soul Adventure Seminar, *HU, the Liberating Force for All Beings*

To register:
https://us02web.zoom.us/meeting/register/tZIudu2vqz0jHtbzYuAKT4YYP5KxfWghVbw4

ZOOM

Listen to the Whispers of Your Heart–
A Sound of Soul Event

Thursday, August 13, 2026, 7:30–8:30 p.m. PDT
and every second Thursday

"The highest truth is not written in any book. It's written in your heart."

–Harold Klemp, *Raise Your Spiritual IQ!,* page 19

To register:
https://us02web.zoom.us/meeting/register/tZcpc-ysqzsqHNAox-YUVwYHK0zlHPdOFqpk

Zoom
Spiritual Parenting Chat

Discover Spiritual Tips for Dealing with Peer Pressure

Wednesday, August 12, 2026, 7:00–8:00 p.m. PDT
and every second Wednesday of the month

Is someone in your family dealing with bullying at school,
on social media, or texting? Bullying can happen at any age.

Are you wondering what the spiritual purpose of these life challenges might be?

Would you like to chat with other parents about ways to
encourage children to trust their inner guidance when dealing with peer pressure?

"Life, through other people and situations, faces us with ourselves.

"It makes the weak stronger. The shy learn to be more outgoing. Helpless people are thrown upon their own resources, forcing them to help themselves."

—Harold Klemp, Youth Ask a Modern Prophet about Life, Love, and God, page 11

To register:
https://us02web.zoom.us/meeting/register/tZArfu2gqzorGdCrAzBwo7m2hgsUaJ8HmuCC

Zoom
Spiritual Discussion

ECK Wisdom on Relationships
Sunday, August 16, 2026, 6:00–7:30 p.m. PDT

"Probably the hardest thing for people to remember during an argument is Only one of us should be talking at a time, and one of us should be right at a time. Let the other be right. And this is hard. It's wisdom—a lot of wisdom. Because when you're in the heat of battle, you're not thinking wise thoughts. The emotions have taken the field."

—Harold Klemp, *Spiritual Lessons from Living, Mahanta Transcripts, Book 18*, page 167

This discussion is based on the booklet, *ECK Wisdom on Relationships*, by Harold Klemp. You can buy a copy, if you wish, by using this link:

Amazon.com: Books](https://www.amazon.com/ECK-Wisdom-Relationships/dp/157043493X/ref=ast_sto_dp_puis

To register:
https://us02web.zoom.us/meeting/register/I3b0-uBTT56-DAwDH6R9Pw#/registration

Zoom

Online Dream Workshop

Raise Your Spiritual IQ!
Understanding Your Dream Dictionary & Symbols

Monday, August 10, 2026, 7:30–8:45 p.m. PDT

Are your dreams a mystery? Not understandable?
Would you like spiritual tools to change that?
Are you ready to awaken to your full spiritual potential through your dreams?

This workshop explores different ways to understand your own dream language,
and with these spiritual tools, can help you live your life in a greater, more fulfilling way.

"As Soul, you have the God knowledge within you."

—Harold Klemp, *Raise Your Spiritual IQ!,* inside cover

To register:
https://us02web.zoom.us/meeting/register/rg2w_2D3TaukgLlL7nr41w#/registration

Download the free pdf *Raise Your Spiritual IQ! Experience Journal* to jumpstart your spiritual adventure! **HERE**

California & Nevada ECK

Zoom

Spiritual Chat for 18–40-year-olds

Helpful Habits for Your Higher Self

Thursday, August 20, 2026, 7:30–8:30 p.m. PDT
and every third Thursday of the month

Does it feel like habits get in the way of your personal growth?
Have you wondered how to maintain the highest version of yourself?
Would you like to find new ways to enrich yourself spiritually?

"Habits fall away once Soul decides It really wants spiritual realization more than Its vices."

—Harold Klemp, *ECK Wisdom on Solving Problems*, page 66

To register:
https://us02web.zoom.us/meeting/register/tZIlc-yppjsvEtOu4tdKp3xvlwxnaBzHIaJB

To receive our periodic NextGen event announcements and Zoom links, sign up HERE.

IN PERSON

ECK Light and Sound Service
in San Francisco

Sunday, August 16, 2026
11:00 a.m.–12:15 p.m. PDT

You are the Light:
Discover Your Divine Nature as Soul

Location:
Jewish Community Center
3200 California Street
San Francisco, CA 94118

"Soul is immortal, and Its future is the future of a thing whose growth and splendor has no limits."

—Harold Klemp, *ECKANKAR: The Art of Spirituality*, page 31

IN PERSON

ECK Light and Sound Service
in the East Bay

Sunday, August 23, 2026
11:00 a.m.–12:15 p.m. PDT

God's Gift – The Creative Imagination

Location:
RidgeView Commons, also known as RidgeView Commons Apartments
5200 Case Avenue, Pleasanton, CA 94566
We'll be in the dining room.

"The imagination is the God-spark within you. The only gift of God we can rightly lay claim to in the physical body is the gift of imagination.

"If you learn how to use the full powers of the imagination and direct them toward the spiritual exercises, you will be able to find ways around the blocks set up by the mind."

—Harold Klemp, T*he Awakened Heart*, page 104

In 2026, State ECK Light and Sound Services via Zoom will be held quarterly.

ZOOM

ECK Light and Sound Service

Resonate with the God Current within You

Sunday, September 20, 2026
11:00 a.m.–12:15 p.m. PDT

"The inner spiritual force, the ECK, is the God Force. It tries to direct us into better avenues of living, if we will allow It to. It will also show Itself through the humblest of Its creatures—if only we will be the humblest of Its creatures."

—Harold Klemp, ECKopedia: *The ECKANKAR Lexicon*, page 62

To register:
https://us02web.zoom.us/webinar/register/WN_OZuoasdKRQWikUI9ZTnjmg#/registration

If you have registered for previous services, you can use the same link and do not need to register again.

Experience, Grow, Discover!

A golden opportunity to raise your spiritual awareness awaits you at the

2026 ECK Worldwide Soul Adventure Seminar
Secrets of Spiritual Healing: A Secret to Spiritual Living

October 23–25, 2026

Explore what spiritual healing means for you personally. Along the way, discover the profound reality of divine love in your life. You may never be the same!

Experience heart-opening talks and musical performances, dynamic workshops, and in-depth roundtable discussions. Did you know that Soul exists because of God's love for It? Explore what that means in your everyday life.

The highlight of the seminar is Saturday evening's talk by Sri Doug Kunin, the spiritual leader of ECKANKAR. Inspiring, engaging, and warmly relatable, he speaks directly to you as Soul, awakening the divine knowledge that is already within you.

An awesome journey awaits you!

New to ECKANKAR? Be our guest with complimentary registration.

Pre-Register today at:

https://www.eckankar.org/engage/eck-soul-adventure-seminars/