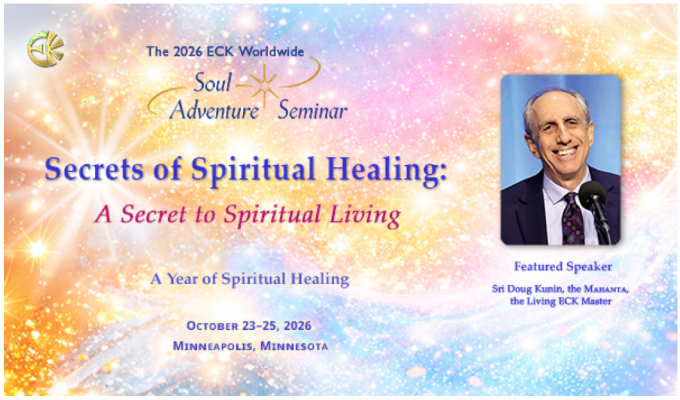
ECKANKAR— The Path of Spiritual Freedom

The Winds of ECK

Inland Empire/Desert Cities

Volume 9 Issue 5 | Public Information Newsletter | September and October 2026



You're Invited!

Secrets of Spiritual Healing:
A Secret to Spiritual Living

October 23–25, 2026
Minneapolis, MN

An awesome journey awaits you!

New to Eckankar? Be our guest with complimentary registration. Register at ECKSeminars.org

In-Person & Online

The Transforming Power of Gratitude
Workshop
Sunday, September 13
11:00am-12:30pm

Eckankar Center of Irvine
1851 Langley Ave.
Irvine, CA 92614
https://eck-ca.org/contact-us/irvine/

Online Spiritual Discussion

Want to Take Your Spiritual Life to the Next Level?

Do you want to learn more about Eckankar, the Path of Spiritual Freedom?

Tuesday, October 6
at 7:00-8:00 pm

Online Dream Workshop

Are your dreams a mystery? Not understandable?

Would you like spiritual tools to change that?

Monday, September 14
Monday, October 12
7:30pm

Online Raise Your Spiritual IQ! Understanding Dreams and Life Discussion

What spiritual gifts and messages lie in our dreams?

How can we learn to understand what our dreams are telling us?

Every Wednesday at 7:30pm

Online Sound of Soul Event

Everything Revolves Around Love

Are you interested in learning a simple technique to open your heart to divine love?

Thursday, September 10
Thursday, October 8
7:30-8:30 pm
New Topic each month

Online Spiritual Exploration
for Youth ages 18-40

Turning Barriers into Bridges
Have you wondered if there is a better way to handle roadblocks in life?

Thursday, September 17
Thursday, October 15
7:30-8:30 pm

New Topic each month

Online Spiritual Parenting Chat
Living the Spiritual Life

Is it sometimes challenging to find time for warm, joyful connections in the family?

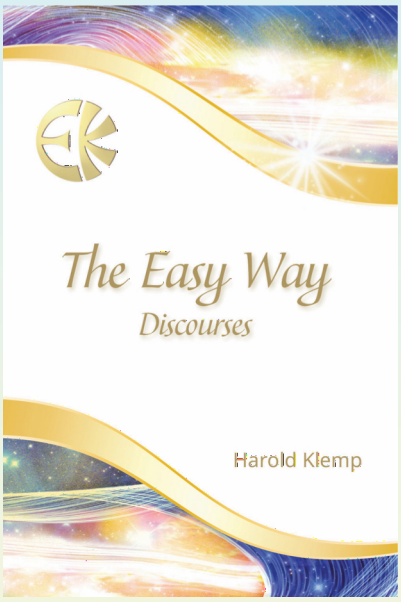
Wednesday, September 9
Wednesday, October 14
7:00-8:00 pm
New Topic each month

Online
Resonate With the God Current Within You
ECK Light & Sound Service

Would you like to greet each day with courage and readiness to face whatever life brings?

Sunday, September 20
11:00am-12:15pm

To attend one or all of these Online events, please visit eck-ca.org or register on Meetup.com at:
https://www.meetup.com/past-lives-dreams-and-soul-travel-of-inland-empire/



Becoming an ECK Student

Eckankar, The Path of Spiritual Freedom, can help you find answers to your deepest spiritual questions. Through ECK Light and Sound Services, books and book discussion classes, workshops, and seminars, you will find new ways to unfold spiritually.

Membership in Eckankar is available for those who wish to take their spiritual studies further. Members receive printed monthly lessons from the spiritual leader of Eckankar. These lessons can be studied privately at home or with others in spiritual study (Satsang) classes.

For more information visit www.eckankar.org

ECK Spiritual Living Courses

An ECK Spiritual Living Course is an opportunity for students of Eckankar to enjoy group study of a series of discourses. Spiritual Living Courses can awaken Soul to greater truth and divine love. They can bring a deeper awareness of your inner world and equip you with spiritual tools that can help you to meet the challenges of daily life.

If you are interested in attending *The Easy Way Discourses*, please contact one of the teachers below:

Date and Time: Third Sunday of each month, 6:00pm, starting July 19, 2026. Open through September 20, 2026. Contact Roland Bueno: rolandbueno@gmail.com

Date and Time: First Sunday of each month, 1:00pm, starting August 2, 2026. Open through October 4, 2026. Contact David Greene: davegreene3@mac.com

In-Person

Eckankar Booth and Spiritual Wisdom Wheel

at Crafton Hills College

Drop by the booth and get a free copy of the new *Raise Your Spiritual IQ! Experience Journal*

Thursday, September 10 & 17
Thursday, October 15
10:30am-1:30pm

Crafton Hills College
11711 Sand Canyon Rd.
Yucaipa, CA 92399

September 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2 **Online** **Dream Discussion** 7:30pm	3	4	5
6 **Online** **The Easy Way Discourses** 1:00pm	7	8	9 **Online** **Spiritual Parenting Chat** 7:00pm **Online** **Dream Discussion** 7:30pm	10 **In-Person** **Eckankar Booth** Crafton Hills College,Yucaipa 10:30am **Online** **Sound of Soul Event** 7:30pm	11	12
13 **Online & In-Person** **The Transforming Power of Gratitude Workshop** 11:00am Irvine	14 **Online** Raise Your Spiritual IQ—**Understanding Your Dream Dictionary & Symbols** 7:30 pm	15	16 **Online** **Dream Discussion** 7:30pm	17 **In-Person** **Eckankar Booth** Crafton Hills College,Yucaipa 10:30am **Online** **Spiritual Chat for Young Adults** 7:30pm	18	19
20 **Online** **ECK Light and Sound Service** 11:00am **Online** **The Easy Way Discourses** 6:00pm	21	22	23 **Online** **Dream Discussion** 7:30pm	24	25	26
27	28	29	30 **Online** **Dream Discussion** 7:30pm			

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October 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1	2	3
4 Online **The Easy Way Discourses** 1:00pm	5	6 Online **Want to take your spiritual life to the next level?** 7:00pm	7 Online **Dream Discussion** 7:30pm	8 Online **Sound of Soul** 7:30pm	9	10
11	12 Online Raise Your Spiritual IQ— **Understanding Your Dream Dictionary & Symbols** 7:30pm	13	14 Online **Spiritual Parenting Chat** 7:00pm Online **Dream Discussion** 7:30pm	In-Person 15 **Eckankar Booth** Crafton Hills College,Yucaipa 10:30am Online **Spiritual Chat for Young Adults** 7:30pm	16	17
18	19	20	21 Online **Dream Discussion** 7:30pm	22	23 **2026 ECK Worldwide Soul Adventure Seminar Minneapolis, MN October 23-25**	24
25 **2026 ECK Worldwide Soul Adventure Seminar** Minneapolis, MN October 23-25	26	27	28 Online **Dream Discussion** 7:30pm	29	30	31

THE CALIFORNIA SATSANG SOCIETY

Return address:

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Yucca Valley, CA
92286

California website:
www.ECK-ca.org
Local Area Phone:
(909) 353-5406

ECKANKAR

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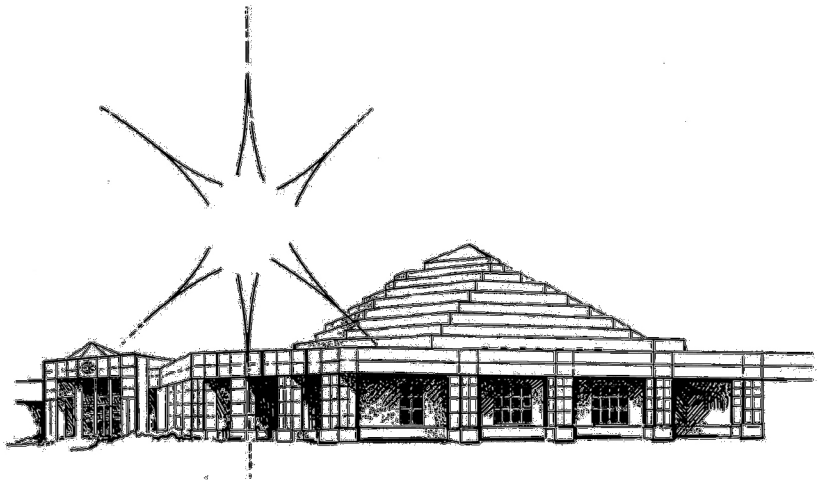
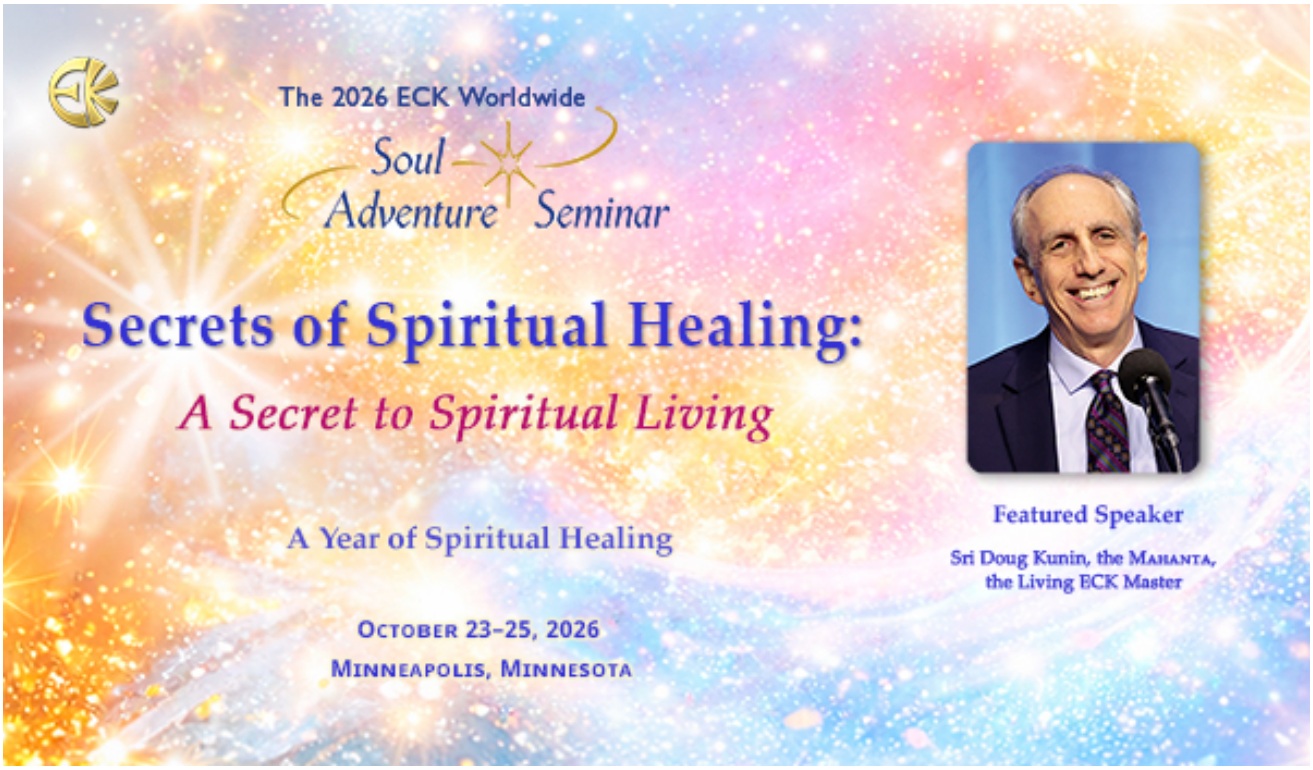


To:

The Temple of ECK, near Minneapolis, Minnesota.
A place where people of all faiths study the teaching of Eckankar, The Path of Spiritual Freedom.



ECKSeminars.org